## Know When to Refer Your Patients to a Registered Dietitian

### Autoimmune Disorders
- Multiple Sclerosis
- Celiac Disease
- Rheumatoid Arthritis
- Crohn's Disease
- Ulcerative Colitis

### Gastrointestinal Disorders
- Upper & Lower GI
  - Gastroparesis
  - GERD
  - Persistent nausea, vomiting, diarrhea
  - Peptic ulcers
  - Esophageal surgery
  - Gastric surgery
  - Irritable Bowel Disease
  - Irritable Bowel Syndrome
  - Malabsorption
  - Constipation
  - Bowel resection
  - Colostomy ileostomy
  - Diverticular conditions

#### Lower GI
- Liver
  - Cirrhosis
  - Hepatitis
- Gallbladder
- Pancreatitis

### Nutrient Deficiencies
- Anemia
- Suboptimal Vitamin/Mineral levels

### Obstetrics
- Prenatal Nutrition
- Healthy Weight Gain
- Breastfeeding

### Oncology
- Optimal nutrition for recovery
- Side effect management

### Pediatrics
- Overweight/Obesity
- Underweight
- Selective Eating Issues

### Pulmonary
- COPD
- Cystic Fibrosis

### Renal
- Kidney stones
- Kidney Disease
- Dialysis

### Thyroid Disorders
- Bowel, heart, kidney, liver, lung, pancreas

### Unintentional Weight Loss
- Failure to thrive in adults
- Underweight; BMI < 18.5

### Weight Management
- Overweight/Obesity
- Bariatric surgery

### Wellness/Disease Prevention
- Lifestyle approaches for healthy living across the lifespan

### Wound Care
- Pressure ulcers

### Behavioral Issues
- Alzheimer's
- Dementia
- Eating Disorders: Anorexia Nervosa, Bulimia Nervosa, Binge Eating Disorder

### Cardiovascular Health
- Coronary Artery Disease
- Heart Attack or Stroke
- Disorders of Lipid Metabolism Hypertension

### Developmental Disabilities
- Autism Spectrum Disorders
- Down's Syndrome
- Prader-Willi

### Diabetes
- Refer to Certified Diabetes Educator/ Diabetes Self-Management Program:
  - Newly diagnosed Type 1, Type 2, Gestational
  - Patient switching from oral medications to insulin
- Referral to a Registered Dietitian for:
  - Diabetes diet education
  - Carbohydrate counting
  - Weight loss counseling

### Inborn Errors of Metabolism
- Galactosemia
- PKU

### Malnutrition
- Kwashiorkor
- Nutritional Marasmus;
- Severe protein-energy malnutrition
- Malnutrition NOS
- Nutrient deficiency

### Musculoskeletal Conditions
- Arthritis
- Gout Osteoarthritis
- Rheumatoid Arthritis
- Osteoporosis

### Neurological Conditions
- Epilepsy
- Huntington's disease
- Parkinson's disease

### Food Allergies, Sensitivities & Intolerances

### Gastrointestinal Disorders

### Idiopathic Pulmonary Fibrosis

### Hypothyroidism

### High Blood Pressure

### Ulcerative Colitis

### Crohn's Disease

### Celiac Disease

### Rheumatoid Arthritis

### Multiple Sclerosis

### Autoimmune Disorders

### Gastrointestinal Disorders

### Nutrient Deficiencies

### Obstetrics

### Oncology

### Pediatrics

### Pulmonary

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### Thyroid Disorders

### Unintentional Weight Loss

### Weight Management

### Wellness/Disease Prevention

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