

Idaho's Registered Dietitian Nutritionists in Primary Care



Expanding the reach of
patient-centered care



**IDAHO ACADEMY OF
NUTRITION & DIETETICS**

eat
right. an affiliate of the
Academy of Nutrition and Dietetics

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Registered Dietitian-Nutritionists (RDNs) are:

- ◆ nutrition professionals uniquely trained and fundamentally focused on **prevention, treatment and management of chronic disease.**
- ◆ the only **licensed nutrition professional** in the state of Idaho.
- ◆ an **integral component of the team-based healthcare.**
- ◆ **cost effective** providers of nutrition care services.
- ◆ accomplished in providing **individualized nutrition assessment, diagnosis and treatment planning** with continued outcome-based monitoring and evaluation.
- ◆ focused on **evidence-based recommendations.**
- ◆ effective at **improving health outcomes** and increasing patient satisfaction with expanded on-site care.
- ◆ skilled at integrating nutrition therapy into a **multi-disciplinary approach** to patient care.
- ◆ capable of fulfilling **care coordinator/case manager positions** in addition to providing nutrition services within the primary care setting.

The Institute of Medicine identifies Registered Dietitian-Nutritionists as the single, identifiable group of healthcare professionals with standardized education, clinical training, continuing education and national credentialing requirements necessary to provide and to be directly reimbursed as a provider of nutrition therapy.

Building effective team-based patient care has been shown to improve patient outcomes, improve office efficiency and decrease health care costs.



Idaho's primary care providers:

- ◆ are interested in the services provided by the RDN.
- ◆ feel they have inadequate time & expertise to provide intensive medical nutrition therapy or education.
- ◆ are interested in using the nutritional expertise and patient-centered skills of an RDN to fill a dual role within the practice setting by acting in the capacity of case manager/care coordinator.

"Overweight, obesity, hypertension, diabetes, and then you can keep on going down the list of all the chronic diseases...having an RDN would help improve outcomes. A lot of people can benefit."

*Dr. John Eck
Center for Lifetime Health
Boise, Idaho
President, Independent
Doctors of Idaho*

State Affiliate Mobilizes to Educate and Inform Members and Providers about New Models for Providing Care: Patient Centered Medical Home, Accountable Care Organizations and Comprehensive Primary Care Initiative, JAND, Sept 2014.

Nutrition care across the lifespan

Prevention, Treatment
& Management

Medical Nutrition Therapy

Nutrition Counseling & Intensive Behavioral Therapy

Self Management Education & Training

Care Coordination

The right care,
at the right time,
in the right place

Improved health outcomes
for all Idahoans



RDNs in Primary Care...a Worthwhile Investment

- ◆ Are you ready to add an RDN to your healthcare team?
- ◆ Do you need help finding the right RDN for your practice?
- ◆ Do you want to learn more about incorporating an RDN in your office?
- ◆ Would you like to learn how your patient population could benefit from providing nutrition care within your practice setting?
- ◆ Do you want to know more about the dual roles the RDN can play in your practice?



The Idaho Academy of Nutrition & Dietetics is available to help you explore options and create possibilities for integrating nutrition care in your practice.

Contact us at idahordns@gmail.com
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