



**IDAHO ACADEMY OF  
NUTRITION & DIETETICS**  
**eat right.** an affiliate of the  
Academy of Nutrition and Dietetics

## Referral Directory for Out-Patient Nutrition Services

### *Looking for a Registered Dietitian Nutritionist in your area?*

The **Idaho Academy of Nutrition and Dietetics** is pleased to offer a Referral Directory to connect clinics with nutrition services in their area.

If we can offer additional assistance, please contact us at [rdn@eatrightidaho.org](mailto:rdn@eatrightidaho.org).

This directory is organized by Health District and respective counties. Be sure to look for services that may be located in a neighboring Health District to find the best location for your patient.

*\*It's suggested that patients determine their benefits for nutrition services prior to sending a referral.*

*In some cases it may be necessary for a provider to request prior authorization due to medical necessity.*

Visit [eatrightidaho.org](http://eatrightidaho.org) (**Health Care Professionals tab**) for the most up-to date version of the Referral Directory.

## **Panhandle Health District 1:**

**Benewah, Boundary, Bonner, Kootenai, and Shoshone Counties**

### **Bonner General Health**

520 N Third Ave.

Sandpoint ID 83864

Scheduling: 208-265-6279

Fax: 208-265-6270

Specialties: **Medical nutrition therapy, weight management, diabetes**

Ages: All

Payment options: Private Insurance, Medicare, Medicaid, Self-pay

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### **Libby Hugo, RDN, LD**

1110 W. Ironwood Dr.

Coeur d'Alene, ID 83814

Scheduling: 208-666-2559

Fax: 208-765-5070

Specialties: **General nutrition, meal planning, diabetes, weight management**

Ages: All

Payment options: Private Insurance, Medicare, Medicaid, Self-pay

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### **Panhandle Health District**

8500 N. Atlas Road

Hayden, ID 83835

Scheduling: 208-415-5293

Fax: 208-415-5101

Specialties: **Diabetes education; Diabetes Prevention Program**

Ages: All

Payment options: Private Insurance, Medicare, Sliding-fee Scale, Self-pay

## **North Central Health District 2:**

**Clearwater, Idaho, Latah, Lewis, and Nez Perce Counties**

### **Gritman Medical Center**

S 700 Main

Moscow, ID 83843

Scheduling: 208-883-6341

Fax: 208-883-6586

Specialties: **General nutrition, diabetes, prediabetes, oncology, eating disorders, weight mgmt, heart health**

Ages: All

Payment options: Private Insurance, Medicare, Medicaid, Self-pay

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### **St. Joseph Regional Medical Center**

415 6th Street

Lewiston, ID, 83501

Scheduling: 208-799-5558

Fax: 208-799-6520

Specialties: **Adult and child/adolescent general nutrition, weight management, diabetes**

Ages: All

Payment options: Private Insurance, Medicare, Medicaid, Self-pay

## **Southwest Health District 3:**

**Adams, Canyon, Gem, Owyhee, Payette, and Washington Counties**

### **Sandy Kipp, MS, RDN, LD, CLT**

924 3rd Street S.  
Nampa, ID 83686

Scheduling: 208-250-0836

Fax: 888-972-6280

Specialties: **Food allergies and hypersensitivities, inflammatory and pain disorders**

Ages: All

Payment options: Private Insurance, Self-pay

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### **Saint Alphonsus Regional Medical Center - Nampa**

1512 12th Avenue Road  
Nampa, ID 83686

Scheduling: 208-463-5723 or 208-463-5732

Fax: 208-463-5725

Specialties: **General Nutrition, weight management, diabetic diet, renal diet, heart health, food allergies, oncology**

Ages: All

Payment options: Private Insurance, Medicare, Medicaid, Self-pay

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### **Southwest District Health- Multiple Locations**

13307 Miami Lane; Caldwell  
1008 E. Locust; Emmett  
132 E. Idaho St; Homedale  
46 W. Court St; Weiser

Scheduling: 208-318-4207

Fax: 208-454-7678

Specialties: **General nutrition, diabetes self-management education, weight management**

Ages: All ages plus offering Bilingual Spanish nutrition services

Payment options: Private Insurance, Medicare, Medicaid, Self-Pay, Sliding Fee Scale based on income.

## **West Valley Medical Center**

1906 Fairview Ave

Caldwell, ID 83605

Scheduling: 208-402-0636

Fax: 208-402-0124

Specialties: **General nutrition, diabetes**

Ages: All

Payment options: Private Insurance, Medicare, Medicaid, Self-Pay

## **Central Health District4:**

### **Ada, Boise, Elmore, and Valley Counties**

#### **Amanda Peterson RDN, LD; APR Nutrition Consultants**

6052 W State Street  
Boise, Idaho 83703

Phone: 208-761-5678

Fax: 866-372-4318

**Specialties: Eating Disorders, binge eating, weight management, general nutrition**

Age group: Adolescents, Adults, Seniors

Payment options: Private Insurance, Self-pay

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#### **Medina Blanchet RDN LD; Boise Optimal Nutrition**

6126 W State St. Suite 208  
Boise, ID 83703

Scheduling: 208-391-3353

Fax: 208-229-7014

**Specialties: General nutrition, digestive disorders, insulin resistance, eating disorders**

Ages: Youth 14 and older, adults

Payment options: Private insurance, Self-pay

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#### **Emergency Responders Health Center**

9976 Emerald St  
Boise, ID 83704

Scheduling: 208-229-3742

Fax: 208-229-8450

**Specialties: Total wellness, sports nutrition, disease management, weight management**

Ages: All

Payment options: Private Insurance, Medicare, Medicaid, Self-Pay

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#### **Barbara Gordon, RDN, LD; HealthComm Solutions**

Services provided at physician's office or medical center

Scheduling: 703-403-6559

Fax: none

**Specialties: Diabetes, cardiovascular disease, weight management, interstitial cystitis, urinary incontinence**

Ages: Adults

Payment options: Self-pay

**Deena LaJoie, MS, RDN, LD, CLT; Wellness Impact Nutrition**

1013 East Winding Creek Drive, Suite 102

Eagle, ID 83616

Scheduling: 208-250-5657

Fax: 844-833-5686

Specialties: **Pediatric nutrition/weight management, binge eating, GI disorders, food sensitivities/LEAP, pre-diabetes**

Ages: All

Payment options: Private Insurance, Medicaid, Self-pay

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**Rhonda O'Brien, MS, RD, LD, CDE, CEDRD**

1414 W Franklin St

Boise, ID 83702

Scheduling: 208-342-2228

Fax: 208-343-0889

Specialties: **General nutrition, eating disorders/disordered eating, chronic dieters/non-diet approach, diabetes**

Ages: All ages 5 and up

Payment options: Private Insurance, Self-pay

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**S&S Nutrition Network, Inc. - Sue Linja, RDN, LD, Owner**

Nutrition Consulting Firm with over 50 RDN's in 9 states and all regions in Idaho

PO Box 1504

Boise, Idaho 83701

Office space in Boise and Meridian

Scheduling: 208-861-3998 or 208-794-9285

Fax: 208-545-8761

Specialties: **General nutrition, diabetes, geriatrics, nutrition support, wound care, cardiac, weight control**

Ages: Adults and seniors

Payment options: Private Insurance, Self-Pay

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**Saint Alphonsus Diabetes Care & Education**

1000 N Curtis, Suite 305

Boise, ID 83706

Additional locations: Idaho— Meridian & Nampa; Oregon—Baker City & Ontario

Scheduling: 208-302-0600

Fax: 208-302-0755

Specialties: **Diabetes**

Age Group: All

Payment options: Private Insurance, Medicare, Medicaid, Self-Pay

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## **Saint Alphonsus Regional Medical Center**

900 N Liberty St, Suite 204

Boise, ID 83704

Scheduling: 208-367-DOCS (3627)

Fax: 208-367-4505

Specialties: **General nutrition, weight loss, pediatric nutrition, food allergies, GI issues, heart health, pre-diabetes**

Age Group: All

Payment options: Private Insurance, Medicare, Medicaid, Self-Pay

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## **St. Luke's Humphreys Diabetes Center**

1226 River Street

Boise, Idaho 83702

Scheduling: 208-331-1155

Fax: 208-383-0190

**Specialties: Diabetes**

Ages: All

Payment options: Medicaid, Medicare, Private Insurance, Financial Assistance

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## **St. Luke's Health System - Meridian**

520 S Eagle Road, Suite 1223

Meridian, ID, 83642

Scheduling: 208-706-5260

Fax: 208-706-5152

Specialties: **General nutrition, weight management, gastrointestinal conditions, heart health**

Ages: Adults

Payment options: Private Insurance, Medicare, Medicaid, Self-Pay



## **South Central Health District 5:**

**Blaine, Camas, Cassia, Gooding, Jerome, Lincoln, Minidoka, & Twin Falls Counties**

### **St. Luke's Humphrey's Diabetes Center Magic Valley**

746 N. College Rd. Suite A

Twin Falls, ID 83301

Scheduling: 208-814-7271

Fax: 208-814-7290

Specialties: **Diabetes**

Ages: All

Payment options: Private Insurance, Medicare, Medicaid, Self-Pay

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### **St. Luke's Magic Valley**

801 Pole Line Road West

Twin Falls, Idaho 83301

Scheduling: 208-814-1016

Fax: 208-814-1931

Specialties: **All areas of practice EXCEPT Diabetes and Eating Disorders (those are referred out)**

Ages: All

Payment options: Private Insurance, Medicare, Medicaid, Self-Pay

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### **St. Luke's Wood River**

100 Hospital Drive

Ketchum, ID 83333

Scheduling: 208-727-8356

Fax: 208-727-8357

Specialties: **Diabetes, eating disorders, pediatric and adult weight management**

Ages: All

Payment options: Private Insurance, Medicare, Medicaid, Self-Pay

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### **Shoshone Family Medical Center/Southern Idaho Diabetes & Nutrition Education**

113 S. Apple Street

Shoshone, ID 83352

Scheduling: 208-886-2224

Fax: 208-886-2634

Specialties: **Child/adolescent nutrition, diabetes, eating disorders, weight management**

Ages: All

Payment options: Private Insurance, Medicare, Medicaid, Self-Pay

## **Southeastern Health District 6:**

### **Bannock, Bear Lake, Bingham, Butte, Caribou, Franklin, Oneida, & Power Counties**

#### **Karen D Donaldson, MS, RD, LD; Excel Weight Loss Solutions**

845 West Center, Suite 208

Pocatello, ID 83204

Scheduling: 208-406-1084

Fax: 1-208-714-4649

Specialties: **Weight loss & obesity (adults/children), diabetes/prediabetes, cholesterol, disordered/emotional eating**

Ages: All

Payment options: Private Insurance, Medicare, Medicaid, Self-Pay

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#### **Portneuf Medical Center –Diabetes and Nutrition Education**

957 Hospital Way, Building D

Pocatello, ID 83201

Scheduling: 208-239-2070

Fax: 208-239-3719

Specialties: **Diabetes, weight management, eating disorders**

Ages: All

Payment options: Medicare, Medicaid, Private Insurance, Self-Pay

## **Eastern Health District 7:**

**Bonneville, Clark, Custer, Fremont, Jefferson, Lemhi, Madison, & Teton Counties**

### **Eastern Idaho Regional Medical Center**

2860 Channing Way

Idaho Falls ID

Scheduling: 208-535-4200

Fax: 208-529-7086

Specialties: **General nutrition, diabetes, bariatrics**

Ages: All

Payment options: Private Insurance, Medicare, Medicaid, Self-pay

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### **Julie Harker Buck EdD, MHE, RDN; Plane Beginnings**

2846 Newman Drive

Idaho Falls, ID 83402

Scheduling: 208-313-0331

Fax: none

Specialties: **Eating disorders, general nutrition**

Ages: All

Payment options: Self-pay

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### **Anna Long RDN, LD**

4387 Pocono St

Idaho Falls, ID 83404

Scheduling: 208-589-3271

Fax: none

Specialties: **General Nutrition**

Ages: Adults and Seniors

Payment Options: Self-pay

## **Madison Memorial Hospital**

450 E Main St  
Rexburg, ID 83440

Scheduling: 208-359-6522

Fax: 208-359-6525

Specialties: **General nutrition, child/adolescent nutrition, diabetes, weight management**

Ages: All

Payment options: Private Insurance, Medicare, Medicaid, Self-Pay

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## **Rocky Mountain Diabetes & Osteoporosis Center**

3910 Washington Pkwy  
Idaho Falls, ID 83404

**Satellite office:** 444 Hospital Way; Pocatello, ID 83201

Scheduling: 208-523-1122 (both offices)

Fax: 208-523-2582

Specialties: **Diabetes, eating disorders, weight management, general wellness**

Ages: All

Payment options: Private Insurance, Medicare, Medicaid, Self-Pay