Referral Directory for Out-Patient Nutrition Services

*Looking for a Registered Dietitian Nutritionist in your area?*

The Idaho Academy of Nutrition & Dietetics is pleased to offer a Referral Directory to connect providers & clinics with nutrition services in their area.

If we can offer additional assistance, please contact us at IdahoAcademy@gmail.com

This directory is organized geographical areas throughout the state. Be sure to look for services that may be in a neighboring city or county to find the best location for your patient.

*It’s suggested that patients determine their benefits for nutrition services prior to seeing a Registered Dietitian.

In some cases, it may be necessary for a provider to request prior authorization due to medical necessity.

Visit eatrightidaho.org (Health Care Professionals tab) for the most up-to-date version of the Referral Directory.
Counties: Ada, Boise, Elmore, and Valley

**Albertsons Companies**—Multiple Locations
1219 Broadway Ave; Boise, ID 83705
Scheduling: 208-803-2206
Specialties: menu planning/shopping, adult weight mgmt, diabetes, cancer, heart health, renal diets, food allergies/sensitivities, child/adolescent nutrition, group classes
Age group: All
Payment options: Private Insurance, Medicare, Medicaid, Self-pay

**Boise Optimal Nutrition**
6126 W State St. Suite 206; Boise, ID 83703
Scheduling: 208-391-3353
Fax: 208-229-7014
Specialties: digestive disorders, insulin resistance, eating disorders, diabetes, heart health, food intolerances/sensitivities
Ages: 14 years & up
Payment options: Private insurance, Self-pay

**Center for Lifetime Health**
300 E. Bannock St; Boise, ID 83712
Scheduling: 208-342-7400
Specialties: menu planning, adult weight mgmt, diabetes, heart health, renal diets, food allergies/sensitivities; tube feeding; geriatric nutrition, child/adolescent nutrition
Ages: All
Payment options: Private Insurance, Self-Pay

**Erin Green Racing and Nutrition LLC**
Online, phone, or in-home consults
Boise, ID 83712
Scheduling: 208-608-2433
Specialties: menu planning and shopping, adult & pediatric weight mgmt, infant feeding, diabetes, eating disorders, food intolerance/sensitivity, child/adolescent nutrition, sports nutrition, food relationship, healthy eating on a budget
Ages: All
Payment options: Self-pay
**Tracy Green, RDN, LD**  
3715 West Star Hollow Dr; Meridian, ID 83646  
Scheduling: 208-221-9085  
Specialties: sports nutrition, adult & pediatric weight mgmt, diabetes, eating disorders, infant feeding, child and adolescent nutrition, food allergies  
Ages: All  
Payment options: Self-pay

**HealthComm Solutions**  
Services provided at physician’s office or medical center  
Scheduling: 703-403-6559  
Specialties: diabetes, heart health, weight mgmt, interstitial cystitis, urinary incontinence  
Ages: Adults  
Payment options: Self-pay

**Idaho Nutrition**  
Certifications/Accreditations: Diabetes Self-Mgmt Education Program; Certified Diabetes Educator; Board Certified Specialist Obesity & Weight Mgmt; Certified Personal & Group Fitness Instructor; LEAP Certified (Food Sensitivity Testing/Treatment)  
13960 W Wainwright Dr; Boise, ID 83713  
Scheduling: 208-433-9424  
Fax: 844-833-5686  
Specialties: adult & pediatric weight mgmt, diabetes education, pre-diabetes, sports/rehab nutrition, heart health, GI disorders, infant/child/adolescent nutrition, food allergies/sensitivities, adult & child nutrition & cooking classes  
Ages: All  
Payment options: Medicare, Private Insurance, Self-pay, HSA & FSA accounts, Medicaid PHA for Weight Management

**Idaho Nutrition and Wellness Clinic**  
894 E Boise Ave; Boise, ID 83706  
Scheduling: 208-789-9664  
Fax: 208-567-8923  
Specialties: menu planning, diabetes, food allergies/sensitivities, supplements  
Ages: All  
Payment options: Private Insurance, Medicaid, Self-pay
Jennifer Manning, RD, LD, CNSC
Certifications/Accreditations: Certified Nutrition Support Clinician
Eagle, ID 83616
Scheduling: 916-225-8019
Specialties: Adult & Pediatric weight management, Infant feeding, Diabetes, Cancer, heart health, Renal diets, Gluten intolerance/sensitivity, Tube feeding, Geriatric
Ages: All
Payment Options: Self-Pay

Mountain Home Nutrition Services
285 East 4th North Street; Mountain Home, ID 83647
Scheduling: 208-590-0858
Fax: 855-740-2997
Specialties: Spanish interpreter available, Menu planning and shopping, Adult & Pediatric weight mgmt, Pregnancy nutrition, Infant feeding, Diabetes, Pre-diabetes, PCOS, Cancer, heart health, Renal diets, GI disorders, Food allergies/intolerance/sensitivity, Tube feeding, Geriatric, Child and adolescent nutrition
Ages: All
Payment Options: Private Insurance, Medicare, Medicaid, Self-pay

Rhonda O’Brien, MS, RD, LD, CDE, CEDRD
Certifications/Accreditations: Certified Diabetes Educator; Certified Eating Disorder RD
1414 W Franklin St; Boise, ID 83702
Scheduling: 208-342-2228
Fax: 208-343-0889
Specialties: eating disorders/disordered eating/binge eating, chronic dieters/non-diet approach, diabetes/pre-diabetes, PCOS
Ages: All ages 16 and up
Payment options: Private Insurance, Self-pay, HSA and FSA accounts

Saint Alphonsus Diabetes Care & Education—multiple locations
Certifications/Accreditations: Diabetes Self Mgmt Education Program; Certified Diabetes Educator
1000 N Curtis, Suite 305; Boise, ID 83706
Additional locations: Idaho—Meridian & Nampa; Oregon—Baker City & Ontario
Scheduling: 208-302-0600
Fax: 208-302-0755
Specialties: Diabetes
Age Group: All
Payment options: Private Insurance, Medicare, Medicaid, Self-Pay
Saint Alphonsus Regional Medical Center
900 N Liberty St, Suite 204; Boise, ID 83704
Scheduling: 208-367-DOCS (3627)
Fax: 208-367-4505
Specialties: weight mgmt, pediatric nutrition, food allergies, GI issues, heart health, pre-diabetes
Age Group: All
Payment options: Private Insurance, Medicare, Medicaid, Self-Pay

St. Luke’s Humphreys Diabetes Center – Boise, Meridian, Fruitland
Certifications/Accreditations: Diabetes Self-Mgmt Education Program; Certified Diabetes Educators
1226 River Street; Boise, Idaho 83702 (Main office)
Scheduling: 208-331-1155
Fax: 208-383-0190
Specialties: diabetes, continuous glucose monitoring, insulin pump use
Ages: All
Payment options: Medicaid, Medicare, Private Insurance, Financial Assistance

St. Luke’s Health System - Meridian
520 S Eagle Road, Suite 1223; Meridian, ID, 83642
Scheduling: 208-706-5260
Fax: 208-706-5152
Specialties: weight mgmt, GI conditions, heart health
Ages: Adults
Payment options: Private Insurance, Medicare, Medicaid, Self-Pay

Soul Nutrition, LLC
413 W Idaho; Boise, ID 83702
Scheduling: 405-294-7233
Specialties: food allergies/sensitivities, tube feeding, infant/child/adolescent nutrition & feeding, ketogenic diets, SoulFull eating, integrative nutrition
Age group: All
Payment options: Self-pay
Counties: Adams, Canyon, Gem, Owyhee, Payette, and Washington

**Sandy Kipp, MS, RDN, LD, CLT**
232 2nd St S; Nampa, ID 83651
Scheduling: 208-250-0836
Fax: 888-972-6280
Specialties: food allergies and hypersensitivities, digestive disorders, auto-immune disease, weight mgmt, gluten intolerance/celiac disease, ketogenic diets, pre-diabetes and diabetes, child/adolescent/adult nutrition, functional nutrition
Ages: All
Payment options: Private Insurance, Medicare, Self-pay

**Saint Alphonsus Regional Medical Center - Nampa**
4300 E Flamingo Ave
Nampa, ID 83687
Scheduling: 208-205-1320
Fax: 208-463-5725
Specialties: adult & pediatric weight mgmt, diabetic diet, renal diet, heart health, food allergies/sensitivities, oncology, tube feeding, child/adolescent nutrition
Ages: All
Payment options: Private Insurance, Medicare, Medicaid, Self-pay

**Southwest District Health- Multiple Locations**
Certifications/Accreditations: Diabetes Self-Mgmt Program; Certified Diabetes Educator
13307 Miami Lane; Caldwell, ID 83607 (Additional locations: Caldwell, Emmett & Weiser)
Scheduling: 208-318-4207
Fax: 208-454-7678
Specialties: diabetes self-mgmt, adult & pediatric weight mgmt, menu planning, infant/child/adolescent nutrition, cancer, heart health, renal diets, food allergies/sensitivities
Ages: All ages plus offering Bilingual Spanish nutrition services
Payment options: Private Insurance, Medicare, Medicaid, Self-Pay, Sliding Fee Scale based on income.
West Valley Medical Center
1906 Fairview; Caldwell, ID 83605
Scheduling: 208-402-0636
Fax: 208-402-0124
Specialties: diabetes
Ages: All
Payment options: Private Insurance, Medicare, Medicaid, Self-Pay
Counties: Benewah, Boundary, Bonner, Kootenai, and Shoshone

**Bonner General Health**
520 N Third Ave. Sandpoint; ID 83864
Scheduling: 208-265-6279
Fax: 208-265-6270
Specialties: weight mgmt, diabetes
Ages: All
Payment options: Private Insurance, Medicare, Medicaid, Self-pay

**Libby Hugo, RDN, LD, CDE**
Certifications/Accreditations: Certified Diabetes Educator
1110 W. Ironwood Dr. Coeur; d’Alene, ID 83814
Scheduling: (208) 640-4502
Fax: 208-765-5070
Specialties: meal planning, diabetes, adult weight mgmt, diabetes, insulin pump use, continuous glucose mgmt, heart health, renal diets, celiac/gluten sensitivity
Ages: All
Payment options: Private Insurance, Medicare, Self-pay

**Northwest Institute for Digestive Surgery**
750 N Syringa St, Suite 205; Post Falls, ID 83854
Scheduling: 208-262-0945
Specialties: adult weight mgmt, bariatric surgery
Ages: Adults
Payment options: Private Insurance, Medicare, Medicaid, Self-pay

**Panhandle Health District**
2101 Pine St; Sandpoint, ID 83864
Scheduling: 208-263-5159
Fax: 208-415-5101
Specialties: adult & pediatric weight mgmt, infant feeding, diabetes
Ages: All
Payment options: Private Insurance, Medicare, Medicaid, Self-pay
Counties: Clearwater, Idaho, Latah, Lewis, and Nez Perce

Clearwater Valley Hospital and Clinic
301 Cedar Ave; Orofino, ID 83544
Scheduling: 208-476-5777
Fax: 208-883-6586
Specialties: menu planning, diabetes, prediabetes, adult weight mgmt, heart health, infant feeding, renal diets, gluten free, geriatric nutrition
Ages: All
Payment options: Private Insurance, Medicare, Medicaid, Self-pay

Gritman Medical Center
S 700 Main; Moscow, ID 83843
Scheduling: 208-883-6341
Fax: 208-883-6586
Specialties: diabetes, prediabetes, oncology, eating disorders, weight mgmt, heart health
Ages: All
Payment options: Private Insurance, Medicare, Medicaid, Self-pay

Balanced 360 Nutrition Consulting LLC
220 E. 5th Street Suite 309; Moscow, ID 83843
Scheduling: 208-406-1961
Specialties: adult weight mgmt, renal diets, eating disorders, food intolerance/sensitivity, child/adolescent nutrition
Ages: All
Payment Options: Self-pay

St. Joseph Regional Medical Center
415 6th Street; Lewiston, ID, 83501
Scheduling: 208-799-5558
Fax: 208-799-6520
Specialties: adult and child/adolescent nutrition, weight mgmt, diabetes
Ages: All
Payment options: Private Insurance, Medicare, Medicaid, Self-pay
Counties: Blaine, Camas, Cassia, Gooding, Jerome, Lincoln, Minidoka, & Twin Falls

M&T Market Ltd. Co.
413 Main Street, Unit 446; Filer, ID 83328
Scheduling: 406-616-2760
Specialties: consulting, grocery store tours, recipe creation, diet analysis, pantry makeover, meal planning, presentations, cooking classes
Ages: All
Payment Options: Self-Pay

Minidoka Memorial Hospital
1224 8th Street; Rupert, ID 83350
Scheduling: 208-436-0481
Fax number: 208-436-1571
Specialties: menu planning/shopping, adult & pediatric weight mgmt, diabetes, cancer, heart health, renal diets, food intolerance/sensitivity, geriatric nutrition, child/adolescent nutrition
Ages: All
Payment Options: Private insurance, Medicare, Medicaid, Self-pay

North Canyon Medical Center
267 North Canyon Drive; Gooding, ID 83330
Scheduling: 208-934-9886
Specialties: adult & pediatric weight mgmt; diabetes education; tube feeding; heart health
Ages: All
Payment Options: Private Insurance, Medicare, Medicaid, Self-Pay

St. Luke’s Magic Valley Lifestyle Medicine
2550 Addison Ave E, Suite C; Twin Falls, ID 83301
Scheduling: 208-814-7770
Fax: 208-814-7779
Specialties: heart Health, geriatric nutrition, COPD, PAD, plant-based community class
Ages: Adults
Payment options: Private Insurance, Medicare, Medicaid, Self-Pay
St. Luke’s Wood River
100 Hospital Drive; Ketchum, ID 83333
Scheduling: 208-727-8356
Fax: 208-727-8357
Specialties: diabetes, eating disorders, pediatric & adult weight mgmt
Ages: All
Payment options: Private Insurance, Medicare, Medicaid, Self-Pay

Shoshone Family Medical Center/Southern Idaho Diabetes & Nutrition Education
Certifications/Accreditations: Diabetes Self-Management Program; Certified Diabetes Educator
113 S. Apple Street; Shoshone, ID 83352
Scheduling: 208-886-2224
Fax: 208-886-2634
Specialties: child/adolescent nutrition, diabetes, eating disorders, weight mgmt
Ages: All
Payment options: Private Insurance, Medicare, Medicaid, Self-Pay

Your Fit Fork, LLC; April Bruns, RDN, LD
Twin Falls, ID 83301
Scheduling: 208-731-3374
Specialties: adult weight mgmt; menu planning
Ages: Adults
Payment Options: Self-Pay
Counties: Bannock, Bear Lake, Bingham, Butte, Caribou, Franklin, Oneida, & Power

Portneuf Medical Center – Diabetes and Nutrition Education
957 Hospital Way, Building D
Pocatello, ID 83201
Scheduling: 208-239-2070
Fax: 208-239-3719
Specialties: diabetes, weight mgmt, eating disorders
Ages: All
Payment options: Medicare, Medicaid, Private Insurance, Self-Pay

Portneuf Weight Management
777 Hospital Way, Ste 201
Pocatello, ID 83201
Scheduling: 208-239-2620
Specialties: weight mgmt; bariatric surgery
Ages: Adults
Payment options: Medicare, Medicaid, Private Insurance, Self-Pay
Counties: Bonneville, Clark, Custer, Fremont, Jefferson, Lemhi, Madison, & Teton

**Eastern Idaho Regional Medical Center**
2860 Channing Way  
Idaho Falls ID  
Scheduling: 208-535-4200  
Fax: 208-529-7086  
**Specialties:** diabetes, bariatrics  
Ages: All  
Payment options: Private Insurance, Medicare, Medicaid, Self-pay

**Idaho Kidney Institute**
Accreditations/Certifications: Board Certified Specialist in Renal Nutrition  
2381 E Sunnyside Rd Idaho Falls, ID 83404  
Scheduling: 208-525-4826  
**Specialties:** renal nutrition  
Ages: All  
Payment options: Private Insurance, Medicare, Medicaid, Self-pay

**Madison Memorial Hospital**
450 East Main St; Rexburg, ID 83440  
Scheduling: 208-359-6522  
Fax: 208-359-6525  
**Specialties:** menu planning/shopping, adult & pediatric weight mgmt, infant feeding, diabetes, cancer, cardiac, renal diets, food allergies/intolerance/sensitivity, child/adolescent nutrition  
Ages: All  
Payment Options: Private insurance, Medicare, Medicaid, Self-pay
**Rocky Mountain Diabetes & Osteoporosis Center**

Accreditations/Certifications: Diabetes Self-Mgmt Program
3910 Washington Pkwy; Idaho Falls, ID 83404

Satellite office: 444 Hospital Way; Pocatello, ID 83201
Scheduling: 208-523-1122 (both offices)
Fax: 208-523-2582

Specialties: diabetes, insulin pump use, continuous glucose management; eating disorders, adult weight mgmt, food sensitivities
Ages: All
Payment options: Private Insurance, Medicare, Medicaid, Self-Pay

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**Steele Memorial Medical Center**

203 South Daisy St; Salmon, ID 83466
Scheduling: 208-756-5633

Specialties: adult & pediatric weight mgmt, diabetes, cancer, cardiac, renal, gluten intolerance/ sensitivity
Ages: All
Payment options: Private Insurance, Medicare, Medicaid, Self-Pay