Being a Registered Dietitian has opened doors for me I never anticipated. Not only am I in a fun, dynamic career field, but the knowledge I gain through my work complements my passion for triathlon. Being an expert in nutrition helps me make healthy fuel choices for optimizing my race performance... like exchanging processed supplements for all-natural potatoes on the bike. And none of what I do as an RD would be nearly as effective without the talented members of the Idaho Academy of Nutrition and Dietetics to back me up.

Thanks to the Idaho Academy, I have a communicative network of nutrition professionals to support my career, as well as personal endeavors!
Membership benefits include:

- **Networking.** Opportunities to visit, share, collaborate and grow with other dietetic professionals. Social networking through access to Member Profiles, weekly bits, Idaho Academy blog, LinkedIn, Twitter and Facebook.

- **Employment Opportunities.** Current listing of job opportunities throughout Idaho available on the member’s only pages and through e-blasts.

- **Continuing Education.** Stay on the cutting edge of professional issues by attending continuing education seminars, workshops and programs at reduced rates for members.

- **Legislation.** Stay informed of legislative issues affecting registered dietitians in Idaho and nationally, and what you can do to help.

- **Leadership Opportunities.** Leadership opportunities are available to members and can positively support them in their work roles.

- **EatRightIdaho.org.** Access to the Members Only area of the website, which contains job listings, news around the state, continuing education opportunities, up-to-date legislative information, and a membership directory.

- **Awards and Scholarships.** Awards to recognize excellence and accomplishments among members and scholarships to support the future of the profession.


- **Opportunity to join Academy Practice Groups.** Special interest groups enable members to improve job performance, gain insight into specialized areas, and network with colleagues.