Idaho’s Registered Dietitian Nutritionists in Primary Care

Expanding the reach of patient-centered care

eatrightidaho.org
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Registered Dietitian-Nutritionists (RDNs) are:

- nutrition professionals uniquely trained and fundamentally focused on **prevention, treatment and management of chronic disease.**
- the only **licensed nutrition professional** in the state of Idaho.
- an **integral component of the team-based healthcare.**
- **cost effective** providers of nutrition care services.
- accomplished in providing **individualized nutrition assessment, diagnosis and treatment planning** with continued outcome-based monitoring and evaluation.
- focused on **evidence-based recommendations.**
- effective at **improving health outcomes** and increasing patient satisfaction with expanded on-site care.
- skilled at integrating nutrition therapy into a **multi-disciplinary approach** to patient care.
- capable of fulfilling **care coordinator/case manager positions** in addition to providing nutrition services within the primary care setting.

The Institute of Medicine identifies Registered Dietitian-Nutritionists as the single, identifiable group of healthcare professionals with standardized education, clinical training, continuing education and national credentialing requirements necessary to provide and to be directly reimbursed as a provider of nutrition therapy.

Building effective team-based patient care has been shown to improve patient outcomes, improve office efficiency and decrease health care costs.
Idaho’s primary care providers:

♦ are interested in the services provided by the RDN.

♦ feel they have inadequate time & expertise to provide intensive medical nutrition therapy or education.

♦ are interested in using the nutritional expertise and patient-centered skills of an RDN to fill a dual role within the practice setting by acting in the capacity of case manager/care coordinator.

"Overweight, obesity, hypertension, diabetes, and then you can keep on going down the list of all the chronic diseases...having an RDN would help improve outcomes. A lot of people can benefit."

Dr. John Eck
Center for Lifetime Health
Boise, Idaho
President, Independent Doctors of Idaho

State Affiliate Mobilizes to Educate and Inform Members and Providers about New Models for Providing Care: Patient Centered Medical Home, Accountable Care Organizations and Comprehensive Primary Care Initiative, JAND, Sept 2014.

Nutrition care across the lifespan

Prevention, Treatment & Management

Medical Nutrition Therapy

Nutrition Counseling & Intensive Behavioral Therapy

Self Management Education & Training

Care Coordination

The right care, at the right time, in the right place

Improved health outcomes for all Idahoans
Are you ready to add an RDN to your healthcare team?

Do you need help finding the right RDN for your practice?

Do you want to learn more about incorporating an RDN in your office?

Would you like to learn how your patient population could benefit from providing nutrition care within your practice setting?

Do you want to know more about the dual roles the RDN can play in your practice?

The Idaho Academy of Nutrition & Dietetics is available to help you explore options and create possibilities for integrating nutrition care in your practice.

Contact us at idahordns@gmail.com
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