Are you ready to add an RDN to your healthcare team?
Do you need help finding the right RDN for your practice?
Do you want to learn more about incorporating an RDN in your office?
Would you like to learn how your patient population could benefit from providing nutrition care within your practice setting?
Do you want to know more about the dual roles the RDN can play in your practice?

The Idaho Academy of Nutrition & Dietetics is available to help you explore options and create possibilities for integrating nutrition care in your practice.

Contact us at idahordns@gmail.com
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Registered Dietitian-Nutritionists (RDNs) are:

- nutrition professionals uniquely trained and fundamentally focused on prevention, treatment and management of chronic disease.
- the only licensed nutrition professional in the state of Idaho.
- an integral component of the team-based healthcare.
- cost effective providers of nutrition care services.
- accomplished in providing individualized nutrition assessment, diagnosis and treatment planning with continued outcome-based monitoring and evaluation.
- focused on evidence-based recommendations.
- effective at improving health outcomes and increasing patient satisfaction with expanded on-site care.
- skilled at integrating nutrition therapy into a multi-disciplinary approach to patient care.
- capable of fulfilling care coordinator/case manager positions in addition to providing nutrition services within the primary care setting.

The Institute of Medicine identifies Registered Dietitian-Nutritionists as the single, identifiable group of healthcare professionals with standardized education, clinical training, continuing education and national credentialing requirements necessary to provide and to be directly reimbursed as a provider of nutrition therapy.

Idaho’s primary care providers:

- are interested in the services provided by the RDN.
- feel they have inadequate time & expertise to provide intensive medical nutrition therapy or education.
- are interested in using the nutritional expertise and patient-centered skills of an RDN to fill a dual role within the practice setting by acting in the capacity of case manager/care coordinator.

"Overweight, obesity, hypertension, diabetes, and then you can keep on going down the list of all the chronic diseases...having an RDN would help improve outcomes. A lot of people can benefit."

Dr. John Eck
Center for Lifetime Health
Boise, Idaho
President, Independent Doctors of Idaho

Building effective team-based patient care has been shown to improve patient outcomes, improve office efficiency and decrease health care costs.

Nutrition care across the lifespan

- Prevention, Treatment & Management
- Medical Nutrition Therapy
- Nutrition Counseling & Intensive Behavioral Therapy
- Self Management Education & Training
- Care Coordination
- Improved health outcomes for all Idahoans