The Idaho Academy of Nutrition and Dietetics is the premier source for reliable, objective food and nutrition information in Idaho. Our vision is optimization of the health of Idaho’s citizens through education, advocacy, and community outreach. We are a non-profit organization, representing over 450 Idaho Licensed Registered Dietitians.

- Idaho’s **Registered Dietitians** are medical professionals who are licensed through the Idaho State Board of Medicine.

- Licensed **Registered Dietitians** work with other medical professionals to ensure a patient’s overall health and wellness with an emphasis on preventive health and nutrition.

- Licensed **Registered Dietitians** are highly educated professionals with a minimum of a four-year degree in nutrition and dietetics. Nearly 50% of dietitians hold advanced degrees and many have specialized certifications (such as Certified Diabetes Educator).

- **Registered Dietitians** (RD) are licensed experts who work in a variety of professions in the private and public sector throughout Idaho including: health and wellness, hospitals, clinics, schools, skilled nursing and assisted living facilities, food companies, pharmaceutical companies, clinical research, public health, diabetes and cancer care and prevention, child nutrition, extension, universities and community colleges, and sports medicine.

- Licensed **Registered Dietitians** draw on their expertise to develop a personalized nutrition plan for individuals of all ages. RDs separate facts from fads and translate nutritional science into information you can use. RDs rely on evidence-based scientific research in our practice.

- A Licensed **Registered Dietitian** can put you on the path to eating well, improve your health and ultimately reduce your risk of chronic disease.