1. The Nominating Committee presents the 2014-2015 candidates. We have an amazing slate this year!

We are electing a President-elect, Treasurer-elect, Nominating Committee Member Southeast, and Nominating Committee Member Southwest.

Each candidate provided the committee with a picture and bio.

Nominating Committee 2013-2014
RoseAnna B. Holliday, PhD, MPH, RDN, LD (Chair)
Tamara Smith, RD, LD (North)
Erin Green, MS, RD, LD (Southwest)
Amy Kramer, RD, LD (Southeast)

2. President-elect candidate bio and ballot

President-elect Caroline Denise Keegan, MBA, RD, LD
President-elect Candidate Bio Caroline Denise Keegan, MBA, RD, LD

How long have you been a member of the Idaho Academy and why did you join?
I have been a member for a total of ten years. I am a member of the Idaho Academy to support the Academy of Nutrition and Dietetics’ mission of empowering members to be the nation’s food and nutrition leaders.

How has membership in Idaho Academy been of value to you and your practice?
The Academy supports and advocates for professional standards, ethical practices, continuing education, nutrition practices constructed in evidence-based research, and provides members with networking opportunities.

Bio: I began my career, in the field of child nutrition, supervising school food service at a local district, where I created and implemented K-12 educational nutrition programs, teamed with partner organizations to innovatively encourage healthful meal consumption for students, marketed school meal programs, and assisted in budget management.

I then spent four years as the School Marketing Director for the Idaho Dairy Council, where I promoted health and nutrition in the school and health care environments, planned the annual department budget, obtained board of directors’ approval for those budgets, and updated the board quarterly on project status.

I now work as a Business Programs Manager for the J R Simplot Company. I manage the bid pricing process in coordination with the internal and external sales force, provide menu solutions and support for school food service in compliance with current USDA regulations, train the sales force in bid pricing practices, continue my education in the field of child nutrition with the School Nutrition Association and the American Commodity Distribution Association, and market Simplot products at state and commodity school food service shows across the nation.

How did you get into this field? I wanted to make a difference in the health, well-being, and academic success of growing children. My career has allowed me the privilege of working in this field at the local, state, and national levels. It is extraordinary to meet and work with dedicated school professionals across the nation and the food manufacturers that support their efforts and achievements.

Please list a few of your most recent accomplishments. My most significant recent accomplishment is the completion of my Master’s in Business Administration. This expanded skills in financial management, strategic thinking and planning, and leadership. I met and continue to network with leaders in our community, including my classmates and local George Fox University faculty members.

Aside from your professional career, what would you like Idaho Academy members to know about you? I participate on the George Fox University MBA/MAOL alumni planning committee, where I assist in arranging formal and informal events to continue professional and personal relationships established while in graduate school.

I serve as the Parent Coordinator of the Centennial High School Swim Team, where I manage the revenue and expenses of the team, organize all volunteer activities required for the team, and officiate at high school swim meets. I also participate in small group ministries in my church.

What attributes could you bring to this position? I believe in the evidence-based research necessary to protect the integrity of the nutrition profession and educate the public. Nutrition professionals are needed now, more than ever, to teach nutrition, dispel the overwhelming nutrition myths faced by consumers, and promote the well-being of our present and future population.

I have the professional and educational experience to help lead the Idaho Academy of Nutrition and Dietetics in realizing goals associated with membership, professional development, and innovation in dietetic practice. I consider it an honor to be nominated for the position of President-Elect.

3. Treasurer-elect candidate bios and ballot
Deena M. LaJoie, MS, RDN, LD

How long have you been a member of Idaho Academy (and Academy)? 2006

Why did you join Idaho Academy? Networking with other dietetics professionals; support for the dietetics profession; professional development opportunities; access to current events and news relative to dietetics.

How has membership in Idaho Academy been of value to you and your practice? Through networking with other RDs, educational opportunities as well as staying informed about current events relative to the dietetics profession.

Tell us about yourself, your job, and what you find most interesting about your job. I have a passion for helping others attain better health through their lifestyle choices. It is no secret that quality nutrition and adequate physical activity are key ingredients for wellness. I have had the honor of working in a variety of environments including a clinical setting, out-patient nutrition counseling, and public health. I thrive on knowing I'm making a difference for others in whatever I do. Currently, I am enjoying the sorely missed opportunity to volunteer some of my time as well as nutrition knowledge in addition to pursuing an interest in establishing my own nutrition business.

How did you get into this field? I have a passion for helping people achieve health and well-being through healthy nutrition and positive lifestyle choices.

Biography: I have been married for 29 years and have 5 awesome kids! I love spending time with family and friends. I feel most vibrant when I'm outdoors; my favorite past times are gardening, horseback riding, and caring for all our animals (2 horses, 2 goats, 5 chickens, 2 cats, and my dog). I earned my Bachelor of Science degree in dietetics at Kansas State University and Master's degree in nutrition & dietetics at State University of New York, Oneonta. I began my nutrition career working at St. Luke's in Boise as a Dietetic Technician. Upon finishing my internship and master's, I filled a short-term position with Central District Health working on a diabetes prevention grant followed by a rewarding position as an out-patient dietitian at the VA Medical Center. I then had the opportunity to represent the Idaho Dairy Council where, through generous programs funded by Idaho's dairy farm families, I was able to promote healthy eating and educate on the importance of quality nutrition in the school environment. Currently, I am shifting my career path toward the goal of establishing my own business.

What attributes could you bring to this position? I would enjoy working with others for the betterment of our profession by proudly and professionally representing the Idaho Academy of Nutrition and Dietetics. I take responsibility seriously. Beyond my nutrition career, I bring to the treasurer's position my ongoing experience of more than 10 years in the financial management of a family business.
How long have you been a member of Idaho Academy (and Academy)?
- I have been a member of the Academy for ~4 years since joining as a student and the Idaho Academy for ~2 years.

Why did you join Idaho Academy?
- I joined the Idaho Academy when I moved to Idaho from Texas to receive updates regarding all aspects of the Dietetics profession in our state including networking and volunteer opportunities. Hearing about what other RDs are doing within our state motivates and excites me to get involved as part of our ever growing and changing profession. Because Idaho has fewer RDs than many other states, the Idaho Academy is able to offer the type of professional roles and involvement that I want.

How has membership in Idaho Academy been of value to you and your practice?
- My membership with the Idaho Academy has more recently been of value to me during this past year as I have become more interested in expanding my experiences and participation in areas such as public policy/legislature, networking and broadening my career horizons. I am so inspired by what the Idaho Academy is currently doing within our state to improve the awareness of our profession that I cannot help but get involved.

Tell us about yourself, your job, and what you find most interesting about your job.
- I am originally from the beautiful Sonoran desert in Tucson, Arizona. I completed the CPD program at Texas Christian University in Fort Worth, TX. (Yes BSU fans, I am a Horned Frog alum). Since moving to Boise, I have been a Clinical Dietitian at St. Luke’s, which has been a huge learning experience professionally and personally. The great part about being a Clinical RD in a large health system is that there is always something new to learn. There are countless aspects of my job that I find interesting everyday including: my patients and helping them improve their quality of life, mentoring students, and working with various disciplines within and outside the hospital. I have recently transitioned to part time Outpatient services, where I am anxious to continue spreading the nutritional message and become a leader for change within our profession for our community as a whole.

How did you get into this field?
- Two of my biggest hobbies are cooking and physical exercise. Being healthy and knowing how to create nutritious meals has always been important to me. I grew up around the medical field and kept an interest in the human body. All three components: medical, food and wellness are core elements within the dietetics field. Ultimately, the field of nutrition and dietetics provided an outlet where I could fuse my creative and scientific interests and eventually pursue or create an array of endless professional prospects as an RD.

Biography:
- Please list a few of your most recent accomplishments.
  - Current transition to part-time Outpatient RD position
  - Creation of ONS algorithm w/ revision of diet protocol for St. Luke’s Treasure Valley
  - Ongoing collaboration with HF of Excellence Team and NICHE program to improve RD involvement and nutritional awareness within the specific populations
  - Serve as Treasurer Elect for TVD

Aside from your professional career, what would you like Idaho Academy members to know about you?
- I have a variety of hobbies and enjoy always learning new ones. I love to work out, being outdoors in the sunshine as much as
Jenifer L. Reader, RD, LD

possible! (Result of growing up in AZ). The girlie side of me loves indulging in style and fashion. I tend to think of myself as an extrovert, enjoying the company of others in all settings.

What attributes could you bring to this position?
- I am extremely detail oriented and reliable for my work; both of which I think are important in a professional role such as Treasurer.
- I am computer efficient and comfortable keeping track of finances. I am currently serving as TVD Treasurer elect which has provided me with the initial exper

4. Nominating Committee Southeast candidate bios and ballot
Nominating Committee Southeast Candidate Bio Jenifer L. Reader, RD, LD

How long have you been a member of Idaho Academy (and Academy)?

I have been a member of the Idaho Academy since 2005 and have attended almost every annual meeting since then. I received an outstanding student award from the Idaho Academy as an undergraduate.

Why did you join Idaho Academy? How has membership in Idaho Academy been of value to you and your practice?

I joined the Idaho Academy as a student because I wanted to stay current in dietetics news and practices. It has been a great opportunity to network with other Idaho dietitians, learn about job opportunities across the state, keep up to date on grassroots efforts, and take advantage of CEUs. Having an Idaho Academy membership helps me feel connected locally, state wide, and nationally.

Tell us about yourself, your job, and what you find most interesting about your job.

I attended ISU as an undergraduate and intern. As a student, I participated in leadership roles in both Phi Upsilon Omicron National Honor Society (chapter president for two years) and Dietetics Club (vice president). I also enjoyed volunteering my time to the American Cancer Society’s Relay for Life and served as the Survivorship Chair for 5 years. I live in Pocatello and have two crazy kids to keep me busy (4-year-old daughter, 2-year-old son). They are lots of fun, and I love to see how much they are learning and growing each day! In my spare time, I work for Developmental Options (ICF/IDD). I have learned a lot about nutritional concerns and challenges of individuals with developmental disabilities. I have really enjoyed working with these clients over the last 5 years and hope to learn more about developmental disabilities, particularly in the area of autism and nutrition. I also work at Portneuf Medical Center as a clinical dietitian. I love that this job gives me experience in many aspects of clinical dietetics. I especially like working in the NICU and hope to become specialized in neonatal nutrition. It is a fun, challenging job that keeps me on my toes and provides a different perspective from Developmental Options. In my other, other spare time, I work as a medical transcriptionist for a local children’s clinic. I have had my own transcription business since 2004 and enjoy learning about developmental concerns, common illnesses, and current treatments for children.

How did you get into this field?

My high school chemistry teacher talked about how vitamins and minerals interact with the body on a biochemical level, and she said, “If you think that’s interesting, you should consider a career in nutrition”, so I did.

Aside from your professional career, what would you like Idaho Academy members to know about you?

I have participated as a member of Phi Upsilon Omicron’s National Council for the last 6 years, serving as the National Collegiate Chair and Region Councilor. I have experience working with board members on many different committees, including the Nominating Committee. I am currently serving as a co-chair for our upcoming national meeting (which will be held in Boise in September 2014!).

I enjoyed serving at a national level for Phi U, but now that my terms have ended, I am ready to devote my time and efforts to the Idaho Academy if elected to this position.

What attributes could you bring to this position?

I can bring experience to this position. I have participated in conference calls and face-to-face board meetings. I have prepared and presented reports for my positions. I have participated in and conducted meetings under Robert’s Rules of Order. I really enjoy having a leadership role and hope to have the opportunity to participate as a board member of the Idaho Academy!
Sarah A. Renaldi, MS, RD, LD

How long have you been a member of Idaho Academy: 2002 (mostly…minus a few years while living/working out of state)

Why did you join Idaho Academy? Networking, education opportunities

How has membership in Idaho Academy been of value to you and your practice? Continuing education and meeting and getting to know all of our fabulous Idaho RD's better.

Tell us about yourself, your job, and what you find most interesting about your job. I work as an Outpatient/Wellness Dietitian for St. Luke’s in Magic Valley. I love teaching classes on nutrition and helping people to become healthier.

How did you get into this field? I was studying pre-veterinary medicine at the University of Idaho. During my freshman year I took Basic Nutrition as an elective…I am from a small town and did not even know what a Dietitian was or that there was such a thing…I was hooked after that!

Biography:
Aside from your professional career, what would you like Idaho Academy members to know about you? When I am not working, I am spending time with my two young children…my favorite thing to do! I also love to cook healthy recipes for my friends and family.

What attributes could you bring to this position? New ideas, would love to help give back and contribute to the field in any way I can!

Wendy L. Stubbs, RD, LD
Chelsea Gruver, MPH, RD, LD

Nominating Committee Southeast Candidate Bio Wendy L. Stubbs, RD, LD

How long have you been a member of Idaho Academy (and Academy)? I have been a member of Idaho Academy Since 2006 and the National Academy since I was a dietetics student in 2000.

Why did you join Idaho Academy? I joined the Idaho Academy when I moved to Idaho to stay connected with the dietetics community.

How has membership in Idaho Academy been of value to you and your practice? Since I am not from Idaho, the Idaho Academy has been a great resource to help me meet other dietitians in the area and to help me keep current on new practice trends and guidelines.

Tell us about yourself, your job, and what you find most interesting about your job. I currently work as a consultant dietitian for Quinn Meadows Rehabilitation and Care Center in Pocatello, Idaho. I have worked there since 2009, first as their Director of the Dietary Department and then 2 years later I made a switch to be their Consultant Dietitian so I can spend more time with my family. Before moving to Idaho, I worked counseling diabetic, heart disease and weight loss patients in a outpatient health clinic in Fairbanks, Alaska.

How did you get into this field? In college I took a class called Food Science and Nutrition 100. It was like a light-bulb turned on in my head! I loved doing my homework and I couldn't wait to attend class. I knew that Nutrition was the right path for me. I continued to take Dietetics classes and completed my Bachelor's degree in Dietetics from Brigham Young University in 2002.

Biography:

My most recent accomplishments include my children: 9 year old son Ian, 6 year old daughter Eliza and 1 year old son Finnegan. We love to hike, backpack, cross country ski and camp throughout Idaho.

Aside from your professional career, what would you like Idaho Academy members to know about you?

What attributes could you bring to this position? I am highly organized and dependable person. I am excited for this new opportunity to get to know more Idaho dietitians.

5. Nominating Committee Southwest Candidate bios and ballot

Chelsea Gruver, MPH, RD, LD

[Image]
Nominating Committee Southwest Candidate Bio Chelsea Gruver, MPH, RD, LD

How long have you been a member of Idaho Academy (and Academy)?

I have been a student member of both the Idaho Academy and the Academy for the past three years.

Why did you join Idaho Academy?

I felt it was important to join as a student to stay informed about what is happening with the profession and keep updated on new research in the field. I also felt it was a great way to get more involved, participate in events, and network with other students and RDs.

How has membership in Idaho Academy been of value to you and your practice?

It has been of value to me in that I have been able to meet students and RDs throughout the state. Staying up to date and informed has been valuable as a student and will be valuable in the future.

Tell us about yourself, your job, and what you find most interesting about your job.

I am a recent graduate of the ISU dietetic internship (Boise). I passed the RD exam this summer and also completed a Masters in Public Health degree. After moving throughout the state for my education, I am looking forward to getting settled in as an RD here in the Boise area. What I find most interesting and fascinating about the field of dietetics is what a large impact nutrition has on people, health, and wellness.

How did you get into this field?

I have had an interest in nutrition for as long as I can remember. The relationship between nutrition, health, and wellness has always and continues to fascinate me. I began studying nutrition at the University of Idaho and graduated with a Bachelors degree in 2009. After graduating, I began pursuing a master’s in public health degree at ISU. During this time I realized my passion was in nutrition and then began the undergraduate dietetics program at ISU while I continued to work on my Masters degree. I am now looking forward to incorporating both public health and nutrition in my future career.

Biography:

I am a recent graduate of the ISU dietetic internship. I also just recently completed a Masters of Public Health degree from ISU. Now that I have completed my education and getting settled in the Boise area as a new RD, I want to continue and expand the involvement I had as a student in the organizations of the profession. As a dietetics student, I was involved in several student associations including Phi Upsilon Omicron (Family and Consumer Sciences Honor Society), Student Public Health Association, and served as president of ISU Dietetics Club from 2011-2012. I enjoyed staying busy and being involved with these associations. During this time, I also began writing blog posts for the Idaho Academy blog which I continued to do throughout my internship. This past year, I have had the chance to be involved with a few of the activities in the area including being a part of the planning committee for the Idaho Academy Annual Conference and volunteering for the Basic 5. I am now Co-chair elect of the Treasure Valley Dietitians and look forward to staying involved and getting more involved with the Idaho Academy!

Please list a few of your most recent accomplishments.

- Receiving the Academy of Nutrition and Dietetics Outstanding Student Award in May 2012
- Completing the dietetic internship and passing the RD exam!
- Writing and successfully defending my Masters thesis and completing my degree.

Aside from your professional career, what would you like Idaho Academy members to know about you?

In my spare time I enjoy spending time with my friends and family, cooking, sewing, gardening, running, and hiking.

What attributes could you bring to this position?

As a recent student, I hope to bring a new perspective to this position. As always, I can contribute my positive attitude and willingness to help out with anything I can!
Carol Julius, RD, LD, CPM

Nominating Committee Southwest Candidate Bio Carol Julius, RD LD, CPM

How long have you been a member of Idaho Academy (and Academy)? 7 years

Why did you join Idaho Academy? Due to the need for legislative/political presence for RD’s.

How has membership in Idaho Academy been of value to you and your practice? Legislative/political actions and educational messages and toolkits.

Tell us about yourself, your job, and what you find most interesting about your job. 20 years of work in Public Health, the last 6 years as Division Director for Nutrition and Health Promotion services, previous clinic and health promotion program work. I enjoy working with all ages, helping them along the way to wellness, I am a “people” person.

How did you get into this field? Worked at a hospital as a junior volunteer delivering food trays, then worked in the food service department as a diet aide, had an interest in nutrition from then on.

Biography:

Please list a few of your most recent accomplishments.

Certified Public Manager (CPM) certificate – December 2008

Aside from your professional career, what would you like Idaho Academy members to know about you? I enjoy working with people, all ages, helping them gain skills toward wellness goals. I am a grandmother of 7, two on the way and love my Nana time.

What attributes could you bring to this position? Organizational skills and agency connections.

Michelle Montgomery, RD, LD

Please list a few of your most recent accomplishments.

Certified Public Manager (CPM) certificate – December 2008

Aside from your professional career, what would you like Idaho Academy members to know about you? I enjoy working with people, all ages, helping them gain skills toward wellness goals. I am a grandmother of 7, two on the way and love my Nana time.

What attributes could you bring to this position? Organizational skills and agency connections.
Nominating Committee Southwest Candidate Bio Michelle M. Montgomery, RD, LD

How long have you been a member of Idaho Academy (and Academy)?
I have been an Academy member since 2008 when I was an undergraduate student at Idaho State University.

Why did you join Idaho Academy?
I joined the Idaho Academy to stay informed on the local and statewide level. I enjoy the opportunity for growth and knowledge while attending the annual meetings.

How has membership in Idaho Academy been of value to you and your practice?
I have been able to gain a lot of knowledge and network with other Registered Dietitians while attending the Idaho Academy Annual Meetings.

About Me:
I was raised in the small town of Fairfield, Idaho and after high school I moved to Twin Falls, Idaho where I lived for 12 years. While living in Twin Falls met my husband, worked in banking for 5 years, and returned to school in to pursue a degree in Dietetics. I attended the College of Southern Idaho and Idaho State University. Following my graduation I moved to Kuna, Idaho and completed my internship with Idaho State University in Meridian. Following my RD exam I was hired at St. Alphonsus – Ontario where I enjoyed working in both inpatient and outpatient settings. My husband Bryan and 18-month-old daughter Adele made our home in Middleton, Idaho. We love the small town atmosphere and our new little community. In October of 2012 I decided to take a little time with my family and am currently enjoying staying at home with my daughter.

Aside from your professional career, what would you like Idaho Academy members to know about you?
In my spare time I enjoy refurbishing and updating thrift store furniture with my mother.

What attributes could you bring to this position?
I am a highly motivated professional who works well alone as well as in a team environment. I have a positive attitude, great people and organization skills, and excellent oral and written communication.