



Lunch & Learn:

Fad Diet to Intuitive Eating: Educating Clients

Presented by: Rebecca Clyde MS, RD

Are friends, family, or clients constantly asking you about fad diets? Get the tools you need to discuss common diets and methods to determine client readiness to change. Then discover the steps to intuitive eating and client well-being.

Choose Your Closest Location

UTAH

March 12, 2019 @ 12:00pm
Salt Lake County Government Center
South bldg., Room S1-950
2001 South State Street,
Salt Lake City

IDAHO

March 13, 2019 @ 12:00pm
Dairy West Office
743 N Touchmark Avenue,
Meridian

Click [HERE](#) to RSVP 3 days prior to the event

Lunch and networking begin 15 minutes prior to the presentation.
Continuing education credits are available for RDs and others if requested
Questions? Contact Rashel at rclark@dairywest.com

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