



**IDAHO ACADEMY OF  
NUTRITION & DIETETICS**  
**eat**  
**right.** an affiliate of the  
Academy of Nutrition and Dietetics

# Referral Directory for Out-Patient Nutrition Services

***Looking for a Registered Dietitian Nutritionist in your area?***

The **Idaho Academy of Nutrition & Dietetics** is pleased to offer a Referral Directory to connect providers & clinics with nutrition services in their area.

If we can offer additional assistance,  
please contact us at **IdahoAcademy@gmail.com**

This directory is organized geographical areas throughout the state.  
Be sure to look for services that may be in a neighboring city or county  
to find the best location for your patient.

*\*It's suggested that patients determine their benefits for nutrition services prior  
to seeing a Registered Dietitian.*

*In some cases, it may be necessary for a provider to request  
prior authorization due to medical necessity.*

Visit **eatrightidaho.org (Health Care Professionals tab)**  
for the most up-to date version of the Referral Directory.

# Counties: Ada, Boise, Elmore, and Valley

## **Albertsons Companies—Multiple Locations**

1219 Broadway Ave; Boise, ID 83705

Scheduling: 208-803-2206

**Specialties: menu planning/shopping, adult weight mgmt, diabetes, cancer, heart health, renal diets, food allergies/sensitivities, child/adolescent nutrition, group classes**

Age group: All

Payment options: Private Insurance, Medicare, Medicaid, Self-pay

## **Boise Optimal Nutrition**

6126 W State St. Suite 206; Boise, ID 83703

Scheduling: 208-391-3353

Fax: 208-229-7014

**Specialties: digestive disorders, insulin resistance, eating disorders, diabetes, heart health, food intolerances/sensitivities**

Ages: 14 years & up

Payment options: Private insurance, Self-pay

## **Center for Lifetime Health**

300 E. Bannock St; Boise, ID 83712

Scheduling: 208-342-7400

**Specialties: menu planning, adult weight mgmt, diabetes, heart health, renal diets, food allergies/sensitivities; tube feeding; geriatric nutrition, child/adolescent nutrition**

Ages: All

Payment options: Private Insurance, Self-Pay

## **Erin Green Racing and Nutrition LLC**

Online, phone, or in-home consults

Boise, ID 83712

Scheduling: 208-608-2433

**Specialties: menu planning and shopping, adult & pediatric weight mgmt, infant feeding, diabetes, eating disorders, food intolerance/sensitivity, child/adolescent nutrition, sports nutrition, food relationship, healthy eating on a budget**

Ages: All

Payment options: Self-pay

## **Tracy Green, RDN, LD**

3715 West Star Hollow Dr; Meridian, ID 83646

Scheduling: 208-221-9085

**Specialties: sports nutrition, adult & pediatric weight mgmt, diabetes, eating disorders, infant feeding, child and adolescent nutrition, food allergies**

Ages: All

Payment options: Self-pay

## **HealthComm Solutions**

Services provided at physician's office or medical center

Scheduling: 703-403-6559

**Specialties: diabetes, heart health, weight mgmt, interstitial cystitis, urinary incontinence**

Ages: Adults

Payment options: Self-pay

## **Idaho Nutrition**

**Certifications/Accreditations: Diabetes Self-Mgmt Education Program; Certified Diabetes Educator; Board Certified Specialist Obesity & Weight Mgmt; Certified Personal & Group Fitness Instructor; LEAP Certified (Food Sensitivity Testing/Treatment)**

13960 W Wainwright Dr; Boise, ID 83713

Scheduling: 208-433-9424

Fax: 844-833-5686

**Specialties: adult & pediatric weight mgmt, diabetes education, pre-diabetes, sports/rehab nutrition, heart health, GI disorders, infant/child/adolescent nutrition, food allergies/sensitivities, adult & child nutrition & cooking classes**

Ages: All

Payment options: Medicare, Private Insurance, Self-pay, HSA & FSA accounts, Medicaid PHA for Weight Management

## **Idaho Nutrition and Wellness Clinic**

894 E Boise Ave; Boise, ID 83706

Scheduling: 208-789-9664

Fax: 208-567-8923

**Specialties: menu planning, diabetes, food allergies/sensitivities, supplements**

Ages: All

Payment options: Private Insurance, Medicaid, Self-pay

## **Jennifer Manning, RD, LD, CNSC**

**Certifications/Accreditations: Certified Nutrition Support Clinician**

Eagle, ID 83616

Scheduling: 916-225-8019

**Specialties: Adult & Pediatric weight management, Infant feeding, Diabetes, Cancer, heart health, Renal diets, Gluten intolerance/sensitivity, Tube feeding, Geriatric**

Ages: All

Payment Options: Self-Pay

## **Mountain Home Nutrition Services**

285 East 4th North Street; Mountain Home, ID 83647

Scheduling: 208-590-0858

Fax: 855-740-2997

**Specialties: Spanish interpreter available, Menu planning and shopping, Adult & Pediatric weight mgmt, Pregnancy nutrition, Infant feeding, Diabetes, Pre-diabetes, PCOS, Cancer, heart health, Renal diets, GI disorders, Food allergies/ intolerance/sensitivity, Tube feeding, Geriatric, Child and adolescent nutrition**

Ages: All

Payment Options: Private Insurance, Medicare, Medicaid, Self-pay

## **Rhonda O'Brien, MS, RD, LD, CDE, CEDRD**

**Certifications/Accreditations: Certified Diabetes Educator; Certified Eating Disorder RD**

1414 W Franklin St; Boise, ID 83702

Scheduling: 208-342-2228

Fax: 208-343-0889

**Specialties: eating disorders/disordered eating/binge eating, chronic dieters/non-diet approach, diabetes/pre-diabetes, PCOS**

Ages: All ages 16 and up

Payment options: Private Insurance, Self-pay, HSA and FSA accounts

## **Saint Alphonsus Diabetes Care & Education-multiple locations**

**Certifications/Accreditations: Diabetes Self Mgmt Education Program; Certified Diabetes Educator**

1000 N Curtis, Suite 305; Boise, ID 83706

Additional locations: Idaho— Meridian & Nampa; Oregon—Baker City & Ontario

Scheduling: 208-302-0600

Fax: 208-302-0755

**Specialties: Diabetes**

Age Group: All

Payment options: Private Insurance, Medicare, Medicaid, Self-Pay

## **Saint Alphonsus Regional Medical Center**

900 N Liberty St, Suite 204; Boise, ID 83704

Scheduling: 208-367-DOCS (3627)

Fax: 208-367-4505

**Specialties: weight mgmt, pediatric nutrition, food allergies, GI issues, heart health, pre-diabetes**

Age Group: All

Payment options: Private Insurance, Medicare, Medicaid, Self-Pay

## **St. Luke's Humphreys Diabetes Center – Boise, Meridian, Fruitland**

**Certifications/Accreditations: Diabetes Self-Mgmt Education Program; Certified Diabetes Educators**

1226 River Street; Boise, Idaho 83702 (Main office)

Scheduling: 208-331-1155

Fax: 208-383-0190

**Specialties: diabetes, continuous glucose monitoring, insulin pump use**

Ages: All

Payment options: Medicaid, Medicare, Private Insurance, Financial Assistance

## **St. Luke's Health System - Meridian**

520 S Eagle Road, Suite 1223; Meridian, ID, 83642

Scheduling: 208-706-5260

Fax: 208-706-5152

**Specialties: weight mgmt, GI conditions, heart health**

Ages: Adults

Payment options: Private Insurance, Medicare, Medicaid, Self-Pay

## **Soul Nutrition, LLC**

413 W Idaho; Boise, ID 83702

Scheduling: 405-294-7233

**Specialties: food allergies/sensitivities, tube feeding, infant/child/adolescent nutrition & feeding, ketogenic diets, SoulFull eating, integrative nutrition**

Age group: All

Payment options: Self-pay

# Counties: Adams, Canyon, Gem, Owyhee, Payette, and Washington

## **Sandy Kipp, MS, RDN, LD, CLT**

232 2nd St S; Nampa, ID 83651

Scheduling: 208-250-0836

Fax: 888-972-6280

**Specialties: food allergies and hypersensitivities, digestive disorders, auto-immune disease, weight mgmt, gluten intolerance/celiac disease, ketogenic diets, pre-diabetes and diabetes, child/adolescent/adult nutrition, functional nutrition**

Ages: All

Payment options: Private Insurance, Medicare, Self-pay

## **Saint Alphonsus Regional Medical Center - Nampa**

4300 E Flamingo Ave

Nampa, ID 83687

Scheduling 208-205-1320

Fax: 208-463-5725

**Specialties: adult & pediatric weight mgmt, diabetic diet, renal diet, heart health, food allergies/sensitivities, oncology, tube feeding, child/adolescent nutrition**

Ages: All

Payment options: Private Insurance, Medicare, Medicaid, Self-pay

## **Southwest District Health- Multiple Locations**

**Certifications/Accreditations: Diabetes Self-Mgmt Program; Certified Diabetes Educator**

13307 Miami Lane; Caldwell, ID 83607 (Additional locations: Caldwell, Emmett & Weiser)

Scheduling: 208-318-4207

Fax: 208-454-7678

**Specialties: diabetes self-mgmt, adult & pediatric weight mgmt, menu planning, infant/child/adolescent nutrition, cancer, heart health, renal diets, food allergies/sensitivities**

Ages: All ages plus offering Bilingual Spanish nutrition services

Payment options: Private Insurance, Medicare, Medicaid, Self-Pay, Sliding Fee Scale based on income.

## **West Valley Medical Center**

1906 Fairview; Caldwell, ID 83605

Scheduling: 208-402-0636

Fax: 208-402-0124

**Specialties: diabetes**

Ages: All

Payment options: Private Insurance, Medicare, Medicaid, Self-Pay

# Counties: Benewah, Boundary, Bonner, Kootenai, and Shoshone

## **Bonner General Health**

520 N Third Ave. Sandpoint; ID 83864

Scheduling: 208-265-6279

Fax: 208-265-6270

**Specialties: weight mgmt, diabetes**

Ages: All

Payment options: Private Insurance, Medicare, Medicaid, Self-pay

## **Libby Hugo, RDN, LD, CDE**

**Certifications/Accreditations: Certified Diabetes Educator**

1110 W. Ironwood Dr. Coeur; d'Alene, ID 83814

Scheduling: (208) 640-4502

Fax: 208-765-5070

**Specialties: meal planning, diabetes, adult weight mgmt, diabetes, insulin pump use, continuous glucose mgmt, heart health, renal diets, celiac/gluten sensitivity**

Ages: All

Payment options: Private Insurance, Medicare, Self-pay

## **Northwest Institute for Digestive Surgery**

750 N Syringa St, Suite 205; Post Falls, ID 83854

Scheduling: 208-262-0945

**Specialties: adult weight mgmt, bariatric surgery**

Ages: Adults

Payment options: Private Insurance, Medicare, Medicaid, Self-pay

## **Panhandle Health District**

2101 Pine St; Sandpoint, ID 83864

Scheduling: 208-263-5159

Fax: 208-415-5101

**Specialties: adult & pediatric weight mgmt, infant feeding, diabetes**

Ages: All

Payment options: Private Insurance, Medicare, Medicaid, Self-pay



# *Counties: Clearwater, Idaho, Latah, Lewis, and Nez Perce*

## **Clearwater Valley Hospital and Clinic**

301 Cedar Ave; Orofino, ID 83544

Scheduling: 208-476-5777

Fax: 208-883-6586

**Specialties: menu planning, diabetes, prediabetes, adult weight mgmt, heart health, infant feeding, renal diets, gluten free, geriatric nutrition**

Ages: All

Payment options: Private Insurance, Medicare, Medicaid, Self-pay

## **Gritman Medical Center**

S 700 Main; Moscow, ID 83843

Scheduling: 208-883-6341

Fax: 208-883-6586

**Specialties: diabetes, prediabetes, oncology, eating disorders, weight mgmt, heart health**

Ages: All

Payment options: Private Insurance, Medicare, Medicaid, Self-pay

## **Balanced 360 Nutrition Consulting LLC**

220 E. 5th Street Suite 309; Moscow, ID 83843

Scheduling: 208-406-1961

**Specialties: adult weight mgmt, renal diets, eating disorders, food intolerance/sensitivity, child/adolescent nutrition**

Ages: All

Payment Options: Self-pay

## **St. Joseph Regional Medical Center**

415 6th Street; Lewiston, ID, 83501

Scheduling: 208-799-5558

Fax: 208-799-6520

**Specialties: adult and child/adolescent nutrition, weight mgmt, diabetes**

Ages: All

Payment options: Private Insurance, Medicare, Medicaid, Self-pay

# *Counties: Blaine, Camas, Cassia, Gooding, Jerome, Lincoln, Minidoka, & Twin Falls*

## **M&T Market Ltd. Co.**

413 Main Street, Unit 446; Filer, ID 83328

Scheduling: 406-616-2760

**Specialties: consulting, grocery store tours, recipe creation, diet analysis, pantry makeover, meal planning, presentations, cooking classes**

Ages: All

Payment Options: Self-Pay

## **Minidoka Memorial Hospital**

1224 8th Street; Rupert, ID 83350

Scheduling: 208-436-0481

Fax number: 208-436-1571

**Specialties: menu planning/shopping, adult & pediatric weight mgmt, diabetes, cancer, heart health, renal diets, food intolerance/sensitivity, geriatric nutrition, child/adolescent nutrition**

Ages: All

Payment Options: Private insurance, Medicare, Medicaid, Self-pay

## **North Canyon Medical Center**

267 North Canyon Drive; Gooding, ID 83330

Scheduling: 208-934-9886

**Specialties: adult & pediatric weight mgmt; diabetes education; tube feeding; heart health**

Ages: All

Payment Options: Private Insurance, Medicare, Medicaid, Self-Pay

## **St. Luke's Magic Valley Lifestyle Medicine**

2550 Addison Ave E, Suite C; Twin Falls, ID 83301

Scheduling: 208-814-7770

Fax: 208-814-7779

**Specialties: heart Health, geriatric nutrition, COPD, PAD, plant-based community class**

Ages: Adults

Payment options: Private Insurance, Medicare, Medicaid, Self-Pay

### **St. Luke's Wood River**

100 Hospital Drive; Ketchum, ID 83333

Scheduling: 208-727-8356

Fax: 208-727-8357

**Specialties: diabetes, eating disorders, pediatric & adult weight mgmt**

Ages: All

Payment options: Private Insurance, Medicare, Medicaid, Self-Pay

### **Shoshone Family Medical Center/Southern Idaho Diabetes & Nutrition Education**

**Certifications/Accreditations: Diabetes Self-Management Program; Certified Diabetes Educator**

113 S. Apple Street; Shoshone, ID 83352

Scheduling: 208-886-2224

Fax: 208-886-2634

**Specialties: child/adolescent nutrition, diabetes, eating disorders, weight mgmt**

Ages: All

Payment options: Private Insurance, Medicare, Medicaid, Self-Pay

### **Your Fit Fork, LLC; April Bruns, RDN, LD**

Twin Falls, ID 83301

Scheduling: 208-731-3374

**Specialties: adult weight mgmt; menu planning**

Ages: Adults

Payment Options: Self-Pay

*Counties: Bannock, Bear Lake, Bingham, Butte, Caribou, Franklin, Oneida, & Power*

**Portneuf Medical Center –Diabetes and Nutrition Education**

957 Hospital Way, Building D

Pocatello, ID 83201

Scheduling: 208-239-2070

Fax: 208-239-3719

**Specialties: diabetes, weight mgmt, eating disorders**

Ages: All

Payment options: Medicare, Medicaid, Private Insurance, Self-Pay

**Portneuf Weight Management**

777 Hospital Way, Ste 201

Pocatello, ID 83201

Scheduling: 208-239-2620

**Specialties: weight mgmt; bariatric surgery**

Ages: Adults

Payment options: Medicare, Medicaid, Private Insurance, Self-Pay

# Counties: Bonneville, Clark, Custer, Fremont, Jefferson, Lemhi, Madison, & Teton

## **Eastern Idaho Regional Medical Center**

2860 Channing Way  
Idaho Falls ID  
Scheduling: 208-535-4200  
Fax: 208-529-7086

**Specialties: diabetes, bariatrics**

Ages: All

Payment options: Private Insurance, Medicare, Medicaid, Self-pay

## **Idaho Kidney Institute**

**Accreditations/Certifications: Board Certified Specialist in Renal Nutrition**

2381 E Sunnyside Rd Idaho Falls, ID 83404  
Scheduling: 208-525-4826

**Specialties: renal nutrition**

Ages: All

Payment options: Private Insurance, Medicare, Medicaid, Self-pay

## **Madison Memorial Hospital**

450 East Main St; Rexburg, ID 83440  
Scheduling: 208-359-6522  
Fax: 208-359-6525

**Specialties: menu planning/shopping, adult & pediatric weight mgmt, infant feeding, diabetes, cancer, cardiac, renal diets, food allergies/intolerance/sensitivity, child/adolescent nutrition**

Ages: All

Payment Options: Private insurance, Medicare, Medicaid, Self-pay

## **Rocky Mountain Diabetes & Osteoporosis Center**

**Accreditations/Certifications: Diabetes Self-Mgmt Program**

3910 Washington Pkwy; Idaho Falls, ID 83404

**Satellite office:** 444 Hospital Way; Pocatello, ID 83201

Scheduling: 208-523-1122 (both offices)

Fax: 208-523-2582

**Specialties: diabetes, insulin pump use, continuous glucose management; eating disorders, adult weight mgmt, food sensitivities**

Ages: All

Payment options: Private Insurance, Medicare, Medicaid, Self-Pay

## **Steele Memorial Medical Center**

203 South Daisy St; Salmon, ID 83466

Scheduling: 208-756-5633

**Specialties: adult & pediatric weight mgmt, diabetes, cancer, cardiac, renal, gluten intolerance/ sensitivity**

Ages: All

Payment options: Private Insurance, Medicare, Medicaid, Self-Pay