



**Kimberly Young, MS, RDN, LD – Candidate for President-elect**

**How long have you been a member of Idaho Academy?**

I have been a member of the Idaho Academy for 8 years, since 2010.

**Why did you join Idaho Academy?**

I first joined Idaho Academy as a student in the Coordinated Program in Dietetics at the University of Idaho. It didn't take me long to discover all the benefits memberships brings. From networking to continuing education opportunities, Idaho Academy of Nutrition and Dietetics is there for its members. The Idaho Academy promotes the value of our dietetic profession through advocacy and public policy and is our voice.

**How has membership in Idaho Academy been of value to you and your practice?**

Membership in Idaho Academy has provided me with valuable networking opportunities to enable me to have relationships with multiple talented nutrition professionals across our state. I am kept up-to-date about legislative issues through Idaho Academy alerts and have access to continuing education through reduced member rates. Idaho Academy has given me the opportunity for leadership roles, which has positively impacted my career.

**Tell us about yourself, your job, and what you find most interesting about your job.**

I am currently a Registered Dietitian Supervisor at Panhandle Health District (PHD) where I am the Women, Infants, and Children (WIC) Coordinator as well as Quality Coordinator for our new Diabetes Self-Management Education (DSME) program for which we are seeking accreditation. Aside from my position at PHD, I teach Community Nutrition to dietetic and nutrition students at the University of Idaho. What I find most interesting about my job at PHD is every day is different and I have the ability to work in different areas in dietetics. What I enjoy about teaching at U of I is that I get to be a part in our future dietetics professionals' development. I reside in North Idaho with my husband, Ron, and yellow lab, Harley. We enjoy outdoor activities, traveling, and spending time with family.

**How did you get into this field?**

I initially graduated from the University of Idaho with a degree in Advertising and a minor in Sports Science for which I took nutrition courses. I had always been interested in fitness and nutrition and enjoyed reading recipe books as if they were novels – a true foodie! So ... eleven years later, with the support of my husband, I decided I wanted to pursue career change and dietetics was it. It was one of the best decisions of my life.

**Please list a few of your most recent accomplishments.**

My most recent accomplishment is being awarded the Emerging Dietetic Leader in 2017 by Idaho Academy of Nutrition and Dietetics. In 2017 I also earned my Public Health Management Certificate from the Northwest Center for Public Health Practice, University of Washington.

**What attributes could you bring to this position?**

I am a highly driven individual with sound leadership skills. I am passionate about the dietetics field and will advocate on behalf of my fellow Idaho dietitians.



**Annette M. Anderson, RDN, CLE, CD – Candidate for Secretary**

**How long have you been a member of Idaho Academy?**

In January 2019, I will have been a member of the Idaho Academy for the last 4 years.

**Why did you join Idaho Academy?**

I joined the IAND as a student so that I could get to know the dietetic community where I lived. I have kept my IAND membership because it is important to me to keep abreast of dietetic policies in Idaho as well as what is happening in my local community versus other areas in the state.

**How has membership in Idaho Academy been of value to you and your practice?**

Being a member of the Idaho Academy has been of value to me, and my practice, for several reasons. First, as a new dietitian it was helpful in finding a job, the resources available for career opportunities was extremely valuable. Secondly, I feel like the IAND group is very active and networking is encouraged and celebrated. Again, as a new dietitian, this has been wonderful, and I have made some amazing connections that continue to influence my practice today. Lastly, as a member of IAND I feel like I could make a difference in policy and how dietetics is practiced in my local community which empowers me to create change where I see a need.

**Tell us about yourself, your job, and what you find most interesting about your job.**

I am a RDN currently practicing in Spokane Washington at Chas Health. I work specifically for First Steps, a Medicaid funded program, which aims to provide support (medical, nutrition, behavioral health and social support) to pregnant women and infants. My focus within the First Steps program is to provide nutrition education and medical nutrition therapy for pregnant women and infants. I also see women who are having fertility issues related to PCOS and for weight management and I see children of all ages. What I find most interesting, and rewarding, about my job is the population I serve. They are typically lower on the socioeconomic scale and have a multitude of barriers to adequate or appropriate nutrition requiring a lot of “thinking outside of the box” regarding a workable nutrition plan. My position is the perfect marriage of community and clinical nutrition that was a surprising but wonderful combination.

**How did you get into this field?**

I worked in veterinary medicine for 18 years prior to my dietetic career. The lack of nutrition support in veterinary medicine piqued my interest in how MNT was practiced in human medicine. Once I started researching MNT, I became very passionate about food in the prevention and healing of disease that spurred my decision to change careers and become a dietitian.

**Please list a few of your most recent accomplishments.**

Jan 2018 to Present – Working toward my Board Certification as a Specialist in Pediatric Nutrition and International Board Certification in Lactation Consulting

March 2018 – Obtained my credential as a Certified Lactation Educator

December 2017 – Preceptorship teaching Clinical Nutrition at the University of Idaho

April 2017 – Awarded the Dietetic Student of the Year Award for 2016-2017

**What attributes could you bring to this position?**

The attributes I would bring to the position of secretary of the IAND include organization, attention to detail, timeliness, flexibility and ability to work well with others. In both my previous career as a hospital manager and in my current position, the ability to work within a team has been crucial and truth be told, I enjoy it very much.



**Calla Chapin, RDN – Candidate for Secretary**

**How long have you been a member of Idaho Academy?**

I have been a member for 3 years

**Why did you join Idaho Academy?**

With having membership in the National academy, I knew that I would have more opportunities and relationships close to home if I joined the Idaho Academy. It has given me many networking opportunities.

**How has membership in Idaho Academy been of value to you and your practice?**

Being a relatively new member, being a part of the Idaho Academy has given me many opportunities to continue my education and network with other dietitians in the state that I might not normally get the opportunity to meet.

**Tell us about yourself, your job, and what you find most interesting about your job.**

I am 24 years old and I live in Meridian with my husband Mark, and our golden retriever Murphy. I studied at the University of Idaho (Go Vandals!) and I am hoping to pursue my masters through UI as well. I am the Health and Wellness Coordinator for Dairy West/Idaho Dairy Council. I have an array of responsibilities with this job. I work as a liaison for the Fuel Up to Play 60 program in a few schools in the Treasure Valley area. I work with the schools to implement a culture of wellness and maximize their efforts around healthy eating and physical activity. I also work with educators around the state and getting our education curriculum into the classroom, as well as a grant program that promotes the use dairy products in nutrition lessons. What I find most interesting about my job is all the people I get to meet. I never thought that I would be spending time on a dairy farm or spending the weekend with researchers from Tufts University at a conference. This job gives me incredible opportunities to expand my knowledge and network with new people.

**How did you get into this field?**

I was inspired by a close friend of mine. When I was in middle school I was asked to do a project on a potential career. I decided to interview Sue Linja. It was from that moment on that I became fascinated with dietetics and I knew that was what I wanted to do. Over the course of college, I grew to love it even more. I love that food makes such a difference in people's lives and that I get to be a part of that.

**Please list a few of your most recent accomplishments.**

I passed my RD exam last December and have jumped into work as a Registered Dietitian at Dairy West. I have had the opportunity to attend many professional conferences to continue my education. I am currently working with a business development company to work on my professional skills.

**What attributes could you bring to this position?**

I am really wanting to become more involved in the dietetic community in Idaho. I am a highly organized person. I enjoy challenges and trying to solve problems. I like being able to be creative. I have taken the Gallup StrengthsFinder assessment and I am currently working on developing and maturing my strengths. I am really excited about starting something new and bettering the Idaho community.



**Natalie Colla, RDN, LD, CDE – Candidate for Nominating Committee North**

**How long have you been a member of Idaho Academy?** 4 years

**Why did you join Idaho Academy?**

I wanted to have the ability to network and get connected with other dietitians in the state, as well as have more continuing education opportunities.

**How has membership in Idaho Academy been of value to you and your practice?**

It has allowed me to keep abreast of current and relevant nutrition policies that affect the dietetics profession, achieve continuing education, and have a platform for connecting with other dietitians around the state. These are all important drivers for our profession since we are the leaders and the experts in the field of nutrition.

**Tell us about yourself, your job, and what you find most interesting about your job.**

I love being a registered dietitian because I get to make a difference in my patients' lives every day and guide them in lifestyle changes. My passion is helping others to live healthy lives in a way that's sustainable and realistic for them. I love delving into the latest research and translating that into practical solutions for my patients.

I currently work as a certified diabetes educator at Kootenai Clinic Diabetes & Endocrinology, and my focus is helping those with diabetes live healthier lives. From working with new moms with gestational diabetes, to teaching cooking classes and providing meal plans, to meeting with type 1 and type 2 diabetics, to conducting insulin pump and continuous glucose monitoring trainings and everything in between, my job is both rewarding and challenging all at once. I also maintain a vegetarian food and health blog as a creative outlet. When I'm not working, I enjoy concocting nutritious and delicious recipes in my kitchen, working in the garden, or exploring the great outdoors of my home state.

**How did you get into this field?** When I realized that I could combine my two greatest passions (food and helping others live healthy lives), I knew there was no turning back from becoming a registered dietitian. I graduated from the University of Idaho in 2014 and have been an RD for 4 years and a CDE for 2 years. What I love about nutritional science is that it's constantly changing. Lifelong learning is something that I take seriously, and I am excited to be part of such a dynamic healthcare field.

**Please list a few of your most recent accomplishments.**

-Academy of Nutrition and Dietetics *Stone Soup Blog* contributor: current

-Inland Northwest Food Network monthly editorial contributor (write a monthly piece on featured local foods): 2016 – current

-Achieved the designation of Certified Diabetes Educator: February 2017

-*Coeur d'Alene Press* nutrition columnist: – 2013-2017

**What attributes could you bring to this position?** I am outspoken, passionate, self-directed, creative, have excellent public speaking and writing skills, and have many connections in the dietetics and healthcare community in northern Idaho/eastern Washington since I have worked in both public health, inpatient, and outpatient settings over the past 4 years in my career as a dietitian. I also have a deeply rooted sense of community in North Idaho as this is where I grew up, and I am passionate about connecting health services in my region.