

President-Elect

Brenda Thompson, RD, LD; Boise

Brenda Thompson is a Dietitian and Chef whose passion is creating healthy foods that are not only high in nutrients, but also taste delicious. Brenda has worked as a Clinical Dietitian, a Personal Dietitian and Chef. She has owned a company that provided meals for special needs diets and has developed a health program for a grocery chain. Currently, Brenda is the owner of Brenda's Simply Made Foods and an Enteral Seller at Apria Healthcare.



Treasurer-Elect : Two Candidates - Serena Arave and Beverly Crabbs

Serena Arave, RD, LD, CNSC; Boise

Serena Arave, a graduate of Brigham Young University, is a Registered Dietitian and Certified Nutrition Support Clinician with 10 years of experience in clinical dietetics. Serena worked at St. Lukes Medical Center in Boise providing coverage for Pediatrics/PICU, ICU/Critical Care, Oncology, and Medical/Surgical floors. Currently she is a Clinical Dietitian and Enteral Specialist for Apria Healthcare, providing care for patients requiring home enteral feeding. She has served as the Co-chair for Treasure Valley Dietitians for the last two years where she created a TVD webpage, coordinated legislative efforts between TVD and the Idaho Academy of Nutrition and Dietetics, planned continuing education events, and organized the Basic 5 Miler.



Beverly Crabbs, RD, LD; Eagle

I was born in Twin Falls, Idaho and grew up on a farm between Jerome and Wendell, Idaho. I attended the **University of Idaho** and graduated with a **Bachelor of Science Degree in Home Economics** in 1957. My major field was **Foods and Nutrition**. I completed a **Dietetics Internship** at **The Society of New York Hospital** (now the Columbia Presbyterian-New York Hospital) in New York City, New York in 1958 then worked there as a clinical dietitian for 6 months.

In January 1959, I returned to the West and started my career in Dietetics working as a clinical dietitian at St. Marks Hospital in Salt Lake City, Utah, for 2 years (1959-1961). In 1963, I began working for Los Angeles County and worked for them for 30 years. I held positions as Clinical Dietitian, Food Services Supervisor, Food Production Manager and Director – Food Services at Rancho Los Amigos Medical Center, the LA County Rehabilitation Hospital, in Downey, California for 27 ½ years (1963-1990). The last 2 ½ years I worked as the Consultant Dietitian for the Healthcare Surveyors for LA County (1990-1993). I returned to Idaho in June 1993 and worked as a Healthcare Surveyor in Long Term Care for the State of Idaho, Bureau of Facility Standards, for 12 ½ years. I retired in February 2005.

Between August 2007 and May 2008, I worked with the Idaho Health Care Association in developing the Food Manager Training Program for the WEB.

I have been a member of the **American Dietetic Association for 54 years**, a member of the Utah Dietetic Association (1959-1962), the California Dietetic Association (1962-1993) and the Idaho Dietetic Association (1993-present).

I was a participating member of the committee revising the Idaho Diet Manual 8th Edition (1998), 9th Edition (2005), and the 10th Edition (2010) for the Idaho Dietetic Association and the State of Idaho.

While I was working in Salt Lake City, Utah, I met Edward Earl Crabbs and we were married in Wendell, Idaho, in 1960. We continued to live in Salt Lake City and Farmington, Utah until June 1962. At that time, we moved to El Segundo, California, and I lived there until June 1993. In June 1993, I moved to Eagle, Idaho, where I presently live. Earl and I had 3 sons, Christopher, Raymond Scott and David Matthew. I have 4 grandsons, Nicholas, Hayden, Bryan and Lucas. Earl died in September 1991 and my son Christopher died in 2008. In 2000, I met my soul mate, Richard Young and we have been together since that time. My hobbies include gardening, sewing, needlework, music, traveling and spending time with my friend, Richard, my 2 sons and 4 grandsons.



Delegate

Ruth C. Schneider, RD, LD, MPH; Boise

Current Employment: Clinical Coordinator of the Dietetic Internship for Idaho State University—Meridian Health Sciences Center (since 2001)

Past Employment: Adjunct faculty at Boise State University, Private Practice, Nutrition Education Specialist for Idaho WIC Program, Public Health Nutritionist at Central District Health Department, Clinical Dietitian at St. Alphonsus Hospital in Boise.

Professional Activities: Currently finishing a 3-year term as Idaho Delegate, which includes participation in Idaho's Public Policy Committee, served as President and Secretary of IDA and was active in the pursuit of licensure for Idaho dietitians, served as President of Treasure Valley Dietitians and co-chaired National Nutrition Week (it was only a week back then, not a month!)

Awards: 1995, June Yerrington Award for service to the Idaho Dietetic Association
2010, Outstanding Idaho Dietitian
2011, Health Care Hero Award, Educator Category, Idaho Business Review

Personal Statement: I have enjoyed being the Delegate for Idaho for the past 3 years. As well as representing your interests to the House of Delegates, I feel my biggest service to the Idaho Academy of Nutrition and Dietetics has been my activities as part of the Idaho Academy Board, pursuing recognition of the RD as the licensed provider of nutrition services. The Academy of Nutrition and Dietetics lobbied hard and successfully to get nutrition services included in Health Care Reform, which is now the Patient Protection and Affordable Care Act (PPACA). However, we still need to work to make RDs recognized as the preferred provider of these services. Your Idaho Board is working hard to get the name of the RD known to legislators and policy makers. Please join us in shaping the future of the Registered Dietitian!



Nominating Committee – Eastern Idaho: Two Candidates – Amy Kramer and Lynnette Meeks

Amy Kramer, RD LD: Pocatello

Professional Organization Affiliations:

- American Dietetic Association (member 2009-present; student member 2006-2009)
- Commission Dietetic Registration (member 2009-present)
- Idaho Dietetic Association (member 2009-present; student member 2007-2009)
- Pocatello Dietetic Association (Current President & active member; 2009-present)
- Phi-Upsilon Omicron (President 2008-2009 of ISU chapter; member 2006-present)
- American Red Cross (Swimming Instructor, First Aid responder; 2000-present)

Education: Idaho State University; Dietetic Internship Program and Bachelor of Science Dietetics

My name is Amy Kramer. I am a native Idahoan; born & raised in the beautiful town of Salmon and currently residing in Pocatello. I have continuously remained actively involved in groups/organizations since Junior high; I was actively involved in student government where I served as class president for five consecutive years and ending my senior year of high school as the Student Body President. I also served as a 4H Leader and member in my youth. I currently remain active in both national & local professional organizations; I am currently the President of the Pocatello Dietetic Association. I currently work at Portneuf Medical Center where I serve as both a clinical and food service dietitian. I also serve as the food service coordinator for the Idaho State University Dietetic Internship program. I am a hard working, dependable individual with a great sense of humor and desire for life. Thank you for your consideration for this wonderful opportunity as I am certain there will be other wonderful candidates.



Lynnette Meek, RD, LD; Idaho Falls

I have been interested in nutrition my whole life, due to my mother's influence and my enjoyment of food. I attended BYU, and at the suggestion of one of my professors, switched my degree from general nutrition to Medical Dietetics, which has been one of my best decisions! A Registered Dietitian for over 25 years now, I have used my degree every day of my life since, either with my work, or with family and friends.

This past year I became a Cadre with Idaho's Child Nutrition Programs, and found a niche I love! Working with the State agency and with local schools to improve the nutrition of our children has been a passion of mine, starting with my own four children. I received ADA's Certificate of Training in Adolescent and Pediatric Weight Management in 2005, and Adult Weight Management in 2009.

Originally from Colorado, I have also worked in California, Washington, Florida, Utah and for the past 6 years in Idaho. Much of my experience has been in hospitals and nursing homes, with recent ventures into home health and private practice with eating disorders. I am currently a Master's candidate with Colorado State University working toward a Masters in Dietetics.

I enjoy activities with my family – skiing at Grand Targhee in the winter, and boating on the Snake River in the summer.



Nominating Committee – Southwestern Idaho: Two Candidates – Erin Green and Becky Swartz

Erin Green, RD, LD, MS; Boise

Erin Green is a Registered Dietitian and avid athlete. Since graduating from University of Idaho with her Master's in Dietetics, she has gained experience in a variety of aspects of nutrition, including long term care, wellness, sports nutrition, maternal and child health, psychiatric care, metabolic disorders and multicultural practice. With a background in Sports Science, her total wellness approach incorporates both nutrition and physical activity as an avenue to a healthy and gratifying way of life.

Erin's work with various audiences has honed her creativity with educating about health. She has received enhanced training in a "dialogue education" approach, where the teacher and learner are one in the same. Her experience ranges from presenting to large audiences to one-on-one counseling in an informal setting. Recently she has been working with Central District Health Department and St. Al's Regional Medical Center on improving the health of expectant refugee mothers in Boise. This demographic has refined Erin's cultural sensitivity, ingenuity and goal-setting skills.

Erin's passion for health is evident not only by her profession, but her involvement in wellness events as part of her energetic lifestyle. She is a devoted triathlete, having competed in many local and regional races, as well as the Ironman 70.3 World Championships. While these events take physical activity to the extreme, Erin realizes that each individual has his or her niche. Her favorite activity is "anything outside," which not only serves as a venue for her athletic endeavors, but also as a basis to encourage others to infuse their lives with a little more movement. Part of Erin's philosophy is based on the notion that people must find enjoyment in their lifestyles in order to perpetuate positive changes.



Becky Shaw Swartz, RD, LD, MS; Nampa

ADA member since 1973 and member of IDA since 1976

Graduate of Kansas State Coordinated Program and Masters Program.

I have been on the board at different times and currently have been on since 2007 when I completed a second term as IDA President. I have held a variety of positions in dietetics most recently I have been w/ Abbott Nutrition. I have also worked in WIC and clinical dietetics.

My current nutrition interest is pressure ulcer prevention and wound healing.

Interests -As a person who hails from Kansas one of my greatest pleasures is skiing! Most of my fitness activities are designed so I can be in great shape for skiing. So in addition to my walking I have been doing Pilates for the past year and a half. My goal this year is to walk two half marathons (just not on the same day). I find the half marathon the right amount of time.

I believe everyone has a creative side and mine is fiber arts. I love knitting crocheting and most of all collecting yarn -now if I can just get all that yarn knitted.

My husband and I live on a farm south of Nampa. Our two sons are grown and mostly out of the house. At one time or another, the boys have been seen @ different dietetic events.

I received an Apple Mac for Christmas from the men in my life and am now trying to figure out how to use it!!

I am on LinkedIn and I like to text.

